

## Sling comfort is everything to do with the correct fit!

An ill-fitting sling leads to discomfort as well as impairing performance.

Our unique anthropometric sizing system is based on the science of universal Vitruvian Man body ratios. Therefore, unlike using generalist sizing templates which can vary between manufacturers, Care & Independence sling sizing is in sync with *individual personal measurements*.

This means that our slings will deliver the correct fit, greatest comfort and optimal performance without the guesswork.

### HOW TO MEASURE

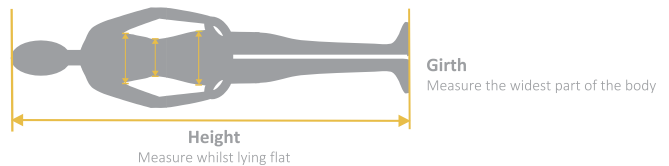
#### Height

For accuracy, measure a person's height whilst they are lying flat on a bed. If you measure nape of neck to coccyx, knee to hip, etc., you will accumulate inaccuracies and almost always result in a person measuring taller than they really are, potentially leading to a sling that is too big for them.

#### Girth

The second measurement you will need is the girth. This can be done whilst the person is seated or lying down. Measure right around the widest part of the body (usually hips on women and chest just under the arms on men and children).

### SLING SIZE GUIDE FOR COMFORT VALUE™



STANDARD	Unisex	Height cm	Girth cm	Max.Load kg	Size	Binding Colour
		130-150	65-80	230	XXS	Orange
		135-160	70-85	230	XS	White
		145-170	75-90	230	S	Red
		155-180	85-100	230	M	Yellow
		160-190	95-115	230	L	Green
		160-190	105-130	230	XL	Lilac

HYBRID	Paediatric Unisex	Height cm	Girth cm	Max.Load kg	Size	Binding Colour
		75-95	45-55	230	1	White
		95-110	50-60	230	2	Red
		110-130	55-70	230	3	Yellow
	130-150	65-80	230	4	Orange	
	Adult Unisex	135-160	70-85	230	5	White
		145-170	75-90	230	6	Red
		155-180	85-100	230	7	Yellow
		160-190	95-115	230	8	Green
		160-190	105-130	230	9	Lilac
		160-190	125-150	350	10	White
		160-190	145-175	350	11	Red
		160-190	170-200	350	12	Yellow

HYBRID FOXY	Adult Unisex	Height cm	Girth cm	Max.Load kg	Size	Binding Colour
		130-155	85-100	230	5	White
		135-160	95-110	230	6	Red
		140-165	105-125	230	7	Yellow
		140-165	120-140	230	8	Green
		140-165	135-155	230	9	Lilac

#### FOXY SLING STYLE

If a User's girth size is too large to match the height column in the main Hybrid chart, a Foxy-sized sling may offer a better fit.

The Hybrid Foxy sling variant is specifically for people with broad hips and larger thighs who find that the leg supports on other slings are not long enough to go around their hips and between their thighs comfortably.