

User Instructions

Guttering Style Tights/Stocking Aid

Please ensure these instructions are fully read and understood before use. Retain in a safe place for future reference.

**F17264 – Tights Aid
F17252 – Stocking Aid**



1.0 Intended Use

The aid is intended to assist those with reduced ability to bend or reach, to put on their tights or stockings.

2.0 Safety Precautions

Do not leave product on the floor, it could become a trip hazard.

Take care not to get tangled in straps when using the aid.

3.0 Cleaning & Care

Clean regularly using a general purpose neutral detergent and warm water.

Periodically inspect the product for signs of wear or damage.

4.0 Instructions for Use

Using the aid requires a certain amount of dexterity.

1. Knotting the tapes together will make them easier to control.
2. With your thumbs inside the leg of the stocking, gather up the toe section.
3. The polythene moulded stocking guide (gutter) needs to be 'U' shaped for use and not flat. Simply squeeze the gutter into a 'U' shape whilst pulling the stocking onto it.
4. Ensure the toe section of the stocking is tight over the narrow end of the gutter and the surplus is gathered up and rests in the two hollows either side of the gutter. The heel of the stocking should be underneath and not twisted to one side.

5. Holding the tape in both hands either side of the leg; guide the 'gutter' onto the foot by:

- a) placing your toes into the entrance of the 'gutter' – remember to keep your knees at right angles.
- b) keep your feet firmly on the floor.
- c) position your foot into the toe of the sock, whilst pressing downwards and forwards with the ball of the foot. **DO NOT PULL TAPES** whilst wiggling your foot into the toe of the stocking otherwise you will not get your toes right in.
- d). Lift the heel off the floor, straighten the knee and point toes. Pull tapes alternatively with a quick wiggling action, and the stocking will be pulled up the foot until you can reach it.

6. Repeat for other foot.

5.0 Product Guarantee

NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.

This guarantee covers domestic use only. If the product is used in commercial or semi-commercial settings such as care homes, schools, rental or communal accommodation etc, the guarantee is valid for one year only. Consumable parts are also guaranteed for one year only.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

NRS Healthcare,

Sherwood House, Cartwright Way, Forest Business
Park, Bardon Hill, Coalville, Leicestershire,
LE67 1UB, UK

Tel. Customer Services: +44 (0)345 121 8111

Email: customerservices@nrshealthcare.co.uk

NRS Healthcare is a Leading Supplier of Community Equipment and
Daily Living Aids, to view our full range, visit our website:

www.nrshealthcare.co.uk