

# **USER INSTRUCTIONS MOBILITY CARE HEAVY DUTY ROLLATOR**

L97986

Mobility Care Heavy Duty Rollator



♠ General Safety Warning ♠

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

# Maximum User Weight



## INTENDED USE

The Heavy Duty Rollator is designed to provide support and assistance to those unable to, or who lack the confidence to, walk without some level of support. The Rollator, which is intended for indoor or outdoor use, also provides a seat to enable the user to rest whilst walking.



Do not use the seat without the backrest in place.

Do not use the seat to transport people or objects.

Loads should only be transported using the basket supplied (maximum load 5kg).

Only use the supplied accessories.

#### UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

# 3.1 Contents

- 1. Rollator Frame with braked handles x 1
- 2. Hand-wheel and bolt x 2
- Back rest bar x 1
- 4. Basket x 1
- User instructions x 1

#### 4. ASSEMBLY

#### 4.1 Unfolding the Rollator

Pull the frame outward, then lock the frame in place by pushing the crossbar down until it locks in place (refer to Section 5.1).

#### **SAFETY**

Warning: The maximum user weight must not be more than 227Kg (36st).

Do not use the rollator on stairs or escalators and take care on steep hills.

Only use as a walking aid in the forward direction.

Do not hang items from the handles as this will affect the stability of the rollator.

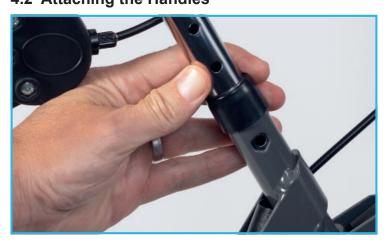
Make sure the rollator is locked in the open position before use.

Do not adjust the rollator while in use.

Make sure the brakes are fully operational.

Do not sit on the seat without locking the brakes first. Insert the handles and line up the holes.

# 4.2 Attaching the Handles

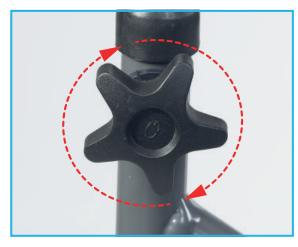


**Note:** The handle height must be set up correctly for the user height. Refer to Section 4.3.



Insert 1 x bolt, making sure the bolt head slots into the hexagonal recess.

**Note:** The hand-wheel must always be on the outside of the rollator frame.



Attach the hand-wheel, then tighten fully by turning clock-wise.

Repeat for the opposite side.

**Note:** Make sure both handles have been set to the same height.

# 4.3 Handle Height Adjustment

Adjust the rollator handle height so that when the user's arm is down to their side, the hand-grip is at wrist height. This will ensure the arms are at an approximate 20°-30° bend when using the rollator.



Undo and remove the hand-wheel by turning anticlockwise, then remove the bolt.

Adjust the handle height to the required position, then secure using the bolt and hand-wheel. Refer to Section 4.2.

Repeat for the opposite handle.

**Note:** Make sure both handles have been set to the same height.

# 4.4 Fitting the Backrest



Slot the backrest into the rollator frame in the position shown.

**Note:** Make sure the button clips have clicked into place and the backrest is fully secure before use.

# 4.5 Fitting the Basket



Fit the basket to the front of the rollator using the basket hooks on the frame.

**Note:** The maximum safe working load for the basket is 5Kg.

#### 5. USING THE ROLLATOR

## 5.1 Unfolding the Rollator



Unfold the rollator and push down the cross bar fully to lock into place. Fit basket in correct position (refer to Section 4.5).

# 5.2 Folding the Rollator



Lift up the seat to fold the rollator for storage.

## 5.3 Brake Operation



To slow down or stop the rollator, pull both brake handles up.



To apply the parking brake, push the brake handles down until they lock into place.

Note: Make sure both brakes have been applied.

Pull both handles up to release the parking brakes.

**Warning:** If the brakes fail to stop or lock the wheels, stop using the rollator immediately. Do not use the rollator again until the brakes have been checked and correctly adjusted. Refer to Section 5.4.

# 5.4 Brake Adjustment

**Warning:** The following section requires some technical ability, do not attempt to carry out the adjustment unless you are confident to do so. Incorrectly adjusted brakes can lead to injury, please contact your supplier if you require assistance.



Tighten the Brakes

Loosen the lock nut (A), turn the adjuster (B) anticlockwise, then re tighten the locknut. **Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

Test the brakes in accordance with Section 5.3.

#### 6. MAINTENANCE

Check both hand-wheels are secure.

Check all wheels can rotate freely.

Regularly check for wear and damage. Any suspected faults or damage should be reported immediately to your supplier and the product taken out of use.

Check brakes regularly in accordance with Section 5.3 and 5.4 before use.

### 7. CLEANING INSTRUCTIONS

Make sure that all dirt and debris is removed from around the wheels, axle and brakes.

To clean the bag wipe with a damp cloth. Do not machine wash.

Clean the frame regularly, using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.

Always allow the product to dry thoroughly prior to use or storage.

#### 8. PRODUCT DISPOSAL

This product must be thoroughly cleaned/sterilised prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

### 9. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 12 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover; fair wear & tear, abuse, misuse, interference or tampering with any part of the product.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

If you have any problems with our products, please contact us at the address below.

If you have experienced an injury, contact us but feel free to contact the Medical and Healthcare products Regulatory Agency at:

devices.regulatory@mhra.gov.uk

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NRS Healthcare is a leading supplier of community equipment and daily living aids.

Please visit one of our websites to view our full range of products:

www.healthcarepro.co.uk or www.completecareshop.co.uk