

USER INSTRUCTIONS

NRS 3 WHEELED STEEL ROLLATOR

S21943 3 Wheel Steel Rollator - Blue S21955 3 Wheel Steel Rollator - Red S21967 3 Wheel Steel Rollator - Grey

⚠ General Safety Warning ⚠

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

1. INTENDED USE

The 3 wheeled steel Rollator is designed to provide support and assistance to those unable to, or who lack the confidence to, walk without some level of support. This Rollator is intended for indoor and outdoor use.



2. SAFETY



Warning: Do not exceed the maximum user weight of 20 st (125 kg).

DO NOT:

- Use the rollator on stairs or escalators and take care on steep hills.
- Hang items from the handles as this will affect the stability of the rollator.
- Adjust the rollator while in use.

MAKE SURE:

- The rollator is locked in the open position before use.
- The brakes are fully operational before use.

ONLY:

- Use as a walking aid in the forward direction.
- Use the supplied accessories.
- Transport loads using the bag supplied (maximum load 5 kg).

3. KEY DIMENSIONS

Handle Height Range: 810 - 910 mm

Length: 590 mm

Width: 250 mm (folded) - 660 mm (Unfolded)

Maximum User Weight



4. UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

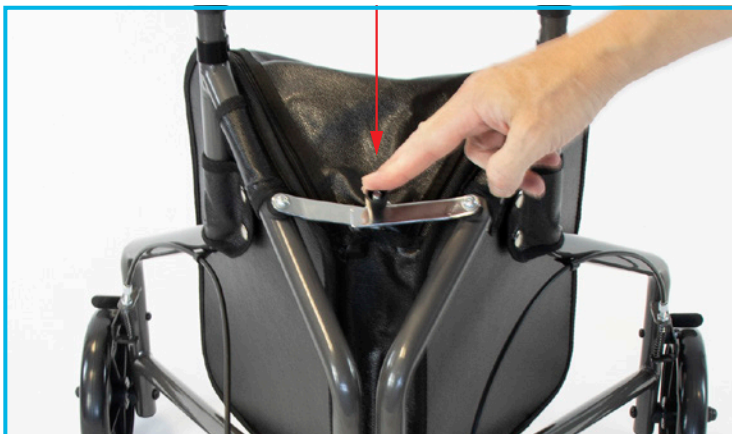
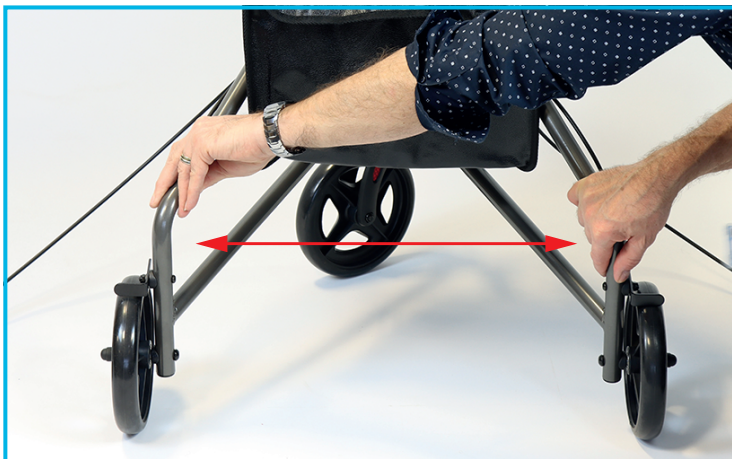
Contents:



1. 3 Wheeled Rollator
2. Detachable Bag
3. Right Hand Side Handle
4. Left Hand Side Handle.
5. Handle Fixings (hand wheel x 2)

5. ASSEMBLY

5.1 Unfolding the Rollator:



Push the frame outward, then lock the frame in place by pushing the crossbar handle forward until it locks in place.

5.2 Attaching the Handles



Insert the handles and line up the holes.

Insert the hand wheel and turn clockwise to fix the handles in position.

Repeat for the opposite side.

Note: The handle height must be set up correctly for the user height. Refer to Section 5.3. The hand wheel must always be on the outside of the rollator frame. Set both handles to the same height.

5.3 Handle Height Adjustment

Adjust the Rollator handle height so that when the user's arm is down to their side, the hand-grip is at wrist height. This will ensure the arms are at an approximate 20°-30° bend when using the Rollator.



Undo and remove the hand wheel by turning anti-clockwise.

Adjust the handle height to the required position, then refit the hand wheel. Refer to Section 5.2.

Repeat for the opposite handle.

Note: Make sure both handles have been set to the same height.

6. USING THE ROLLATOR

6.1 Brake Operation




To slow down or stop the rollator, pull both brake handles up.



To apply the parking brake, push the brake handles down until they lock into place.

Note: Make sure both brake handles have been applied.

Pull both handles up to release the parking brakes.

 **Warning:** If the brakes fail to stop or lock the wheels, stop using the rollator immediately. Do not use the rollator again until the brakes have been checked and correctly adjusted. Refer to Section 7.1.

6.2 Fitting the Bag



Fit the bag over the frame on both sides, then secure using the tabs and poppers,

Note: Make sure the bag is fully secure before use.

6.3 Removing the Bag

Reverse the fitting process in Section 6.2.

6.4 Folding the Rollator

Note: Make sure all items have been removed from the bag before folding.



Pull the crossbar handle towards you to unlock the frame, then push the handles together to fold the rollator.

7. MAINTENANCE

Always check both hand-wheels are secure before use.

Check all wheels are clean and can rotate freely.

Regularly check for wear and damage. Any suspected faults or damage should be reported immediately to your supplier and the product taken out of use.

Always check the brakes before use. Refer to Section 6.1.

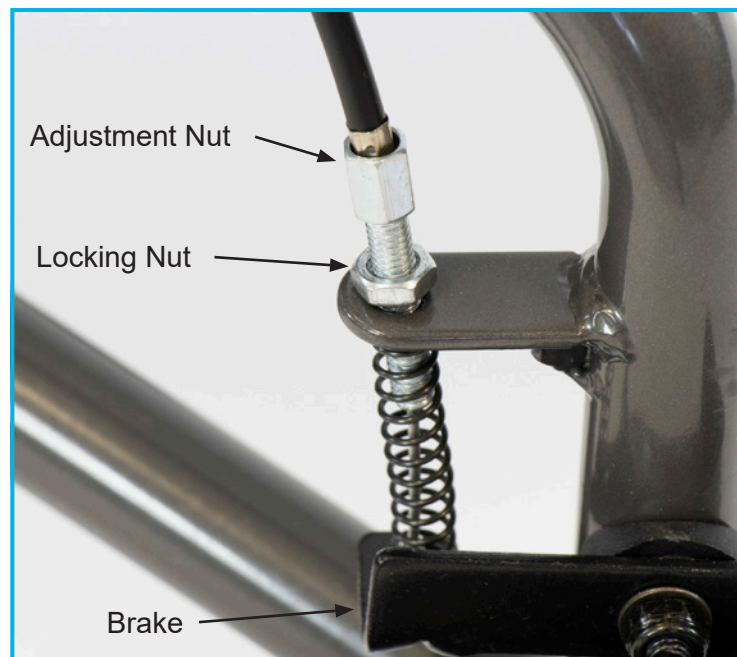
7.1 Brake Adjustment



This section requires some technical ability. Do not attempt to carry out the adjustment unless you are confident to do so.

Tighten the Brakes:

Note: The brake adjustment nut is located at the bottom of the brake cable, above the rear wheel on both sides.



1. Use a spanner to loosen the locking nut in an anti-clockwise direction.
2. Use a spanner to adjust the brake tension. To tighten the brakes, turn the adjustment nut in an anti-clockwise direction.

Note: There must be a small gap between the brake mechanism and the wheel, when the brake lever is released.

3. Use the spanner to tighten the locking nut in a clockwise direction.

Note: Use another spanner to make sure the adjustment nut remains in position, while tightening the locking nut.

4. Test the brakes in accordance with Section 6.1.

Note: Incorrectly adjusted brakes can lead to injury, please contact head office if you require assistance.

8. CLEANING

Make sure that all dirt and debris is removed from around the wheels, axle and brakes.

To clean the bag wipe with a damp cloth. Do not machine wash.

Clean the frame regularly, using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.

Always allow the product to dry thoroughly prior to use or storage.

9. SPARES & ACCESSORIES

S21979: Basket & Cover



9.1 To Fit the Basket & Cover



The rollator has two hooks for the basket. Simply hook the basket over the hooks, then fit the cover.



10. PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

11. PRODUCT GUARANTEE











NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.

This guarantee covers domestic use only. If the product is used in commercial or semi-commercial settings such as care homes, schools, rental or communal accommodation etc, the guarantee is valid for one year only. Consumable parts are also guaranteed for one year only.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

12. GLOSSARY

	Manufacturer		Batch Reference Code		Consult the instructions for use
	Warning		Authorised representative in the European Community		Medical Device
	Item/Catalogue number		European Conformity / Conformité Européene		UK conformity assessed marking
	Maximum User Weight				



NRS HEALTHCARE Sherwood House
Cartwright Way, Forest Business Park, Bardon
Hill, Coalville, Leicestershire, LE67 1UB, UK.



NRS HEALTHCARE 4C Altona Road, Blaris
Industrial Estate, Lisburn, Co Antrim, Northern
Ireland BT27 5QB

Tel: Customer Services: +44 (0)345 121 8111

Email: customerservice@nrshealthcare.co.uk

NRS Healthcare is a leading supplier of community equipment and daily living aids.

Please visit one of our websites to view our full range of products:

www.healthcarepro.co.uk or www.completecareshop.co.uk