

### ⚠ General Safety Warning ⚠

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

#### 1. INTENDED USE

The Atlas 3 Transfer Disc is designed to provide assistance when rising from and lowering into a seated position, or seat to seat transfers. It can also be used to encourage mobility in rehabilitation.

The user must be able to support their own weight and maintain balance. They must also be able to grasp the handles and understand basic instructions.

#### 2. SAFETY

**Warning:** The maximum user weight must not be more than 190Kg (30st).

Do not use the Atlas 3 Transfer Disc as a means of transporting users.

Do not leave the user unattended when using the product.

The carer must act as a counterbalance when the user is rising and lowering. Consideration should be given to whether the carer's body weight is sufficient to counterbalance the user's.

#### 3. UNPACKING

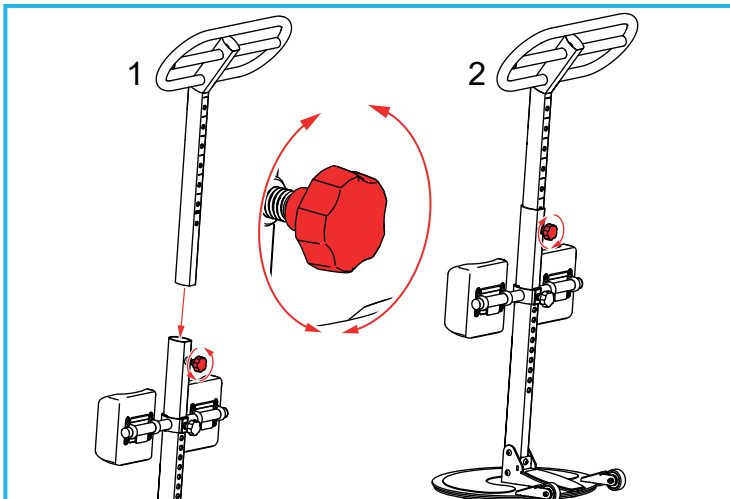
**Note:** Take care when unpacking, the contents are heavy.

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

##### 3.1 Contents:

- 1 x Base Section
- 1 x Handle Section

#### 4. ASSEMBLY



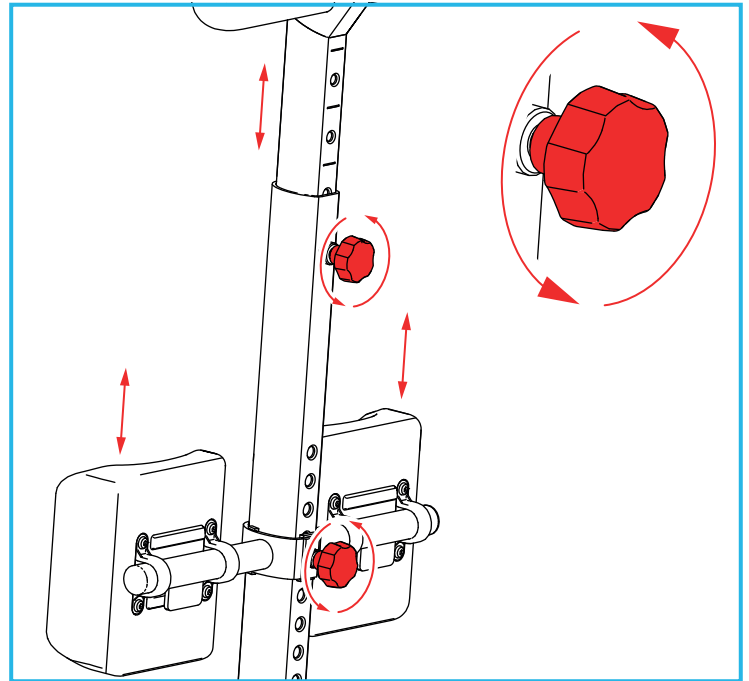
#### Maximum User Weight



1. Loosen the upper hand-wheel by turning anti-clockwise, then slot the handle into the base assembly.
2. Use the handle markings to align the adjustment holes, then re-tighten the hand-wheel fully by turning clock-wise.

#### 5. ADJUSTING THE TRANSFER DISC

**Note:** The handle and knee pad height must be adjusted correctly for the user.



##### 5.1 Adjust the Handle Height

**Note:** The handle height must be set so that the user can comfortably reach the lower horizontal handle bar from a sitting position.

1. Loosen the handle hand-wheel by turning anti-clockwise.
2. Adjust the handle to the correct height for the user, using the handle markings to align the adjustment holes, then re-tighten the hand-wheel.

##### 5.2 Adjust the Knee Pads Height

**Note:** The top of the knee pad should sit just below the knee cap of the user.

1. Loosen the knee pad hand-wheel by turning anti-clockwise.
2. Adjust the knee pad to the correct height for the user, align the holes and re-tighten the hand-wheel.

## 6. IN USE

**Note:** Make sure all hand-wheels are fully tight and secure before use.

1. Position the transfer disc at the feet of the seated user. Allow the user to place their feet on the platform.
2. Slide the transfer disc forward until the knee pads touch the users shins.
3. Tell the user to place their feet in the centre of the platform, at hip width apart.
4. Stand behind the transfer disc, facing the user, with one foot on the platform to counterbalance the user and hold the top horizontal handle bar with both hands.
5. The user should then grasp the lower horizontal handle bar.
6. The user should use the horizontal handle bars to progressively raise themselves to a standing position.



**Note:** Make sure the user takes care to avoid bumping their head against the handle.

7. Once the user is standing, check they are comfortable and that their weight is centred over the platform.
8. Rotate and manoeuvre the aid to position the user in front of the transfer disc.
9. The carer must maintain a firm grip on the handle bar while the user is standing on the transfer disc.
10. Stand behind the transfer disc, facing the user, with one foot on the platform to counterbalance the user and hold the top horizontal handle bar with both hands.

11. The user should use the horizontal bars to progressively lower themselves to a seated position.
12. Once the user is safely positioned on the new surface, tell them to lift their feet while you remove the transfer disc.

## 7. MAINTENANCE

Inspect the product weekly for any signs of wear or damage.

Check the rotating platform can swivel freely.

Check the condition of the knee pads and handle, making sure the hand wheels are correctly located and secure.

Any suspected faults or damage should be reported to the supplier immediately and the product taken out of use.

## 8. CLEANING INSTRUCTIONS.

Clean regularly using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning product before use. Do not use abrasive cleaners or cloths as this will permanently damage the surface and invalidate any warranty.

## 9. PRODUCT DISPOSAL

This product must be thoroughly cleaned/sterilised prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

## 10. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 12 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover; fair wear & tear, abuse, misuse, interference or tampering with any part of the product.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

If you have any problems with our products, please contact us at the address below.



**NRS HEALTHCARE** Sherwood House,  
Cartwright Way, Forest Business Park, Bardon  
Hill, Coalville, Leicestershire, LE67 1UB, UK.



**NRS HEALTHCARE** 4C Altona Road, Blaris  
Industrial Estate, Lisburn, Co Antrim,  
Northern Ireland BT27 5QB

Tel: Customer Services: 0345 121 8111

Email: [customerservice@nrshealthcare.co.uk](mailto:customerservice@nrshealthcare.co.uk)

**NRS Healthcare** is a leading supplier of community equipment and daily living aids.

Please visit one of our websites to view our full range of products:

[www.healthcarepro.co.uk](http://www.healthcarepro.co.uk) or [www.completecareshop.co.uk](http://www.completecareshop.co.uk)