

User Instructions

Walking Frame Range

Maximum
User Weight



Standard Walking Frame Wheeled

N22513 - Small 690-790mm
N22525 - Medium 780-880mm
N22537 - Large 870-970mm



Ultra Narrow Walking Frame Wheeled

N22574 - Small 690-790mm
N22586 - Medium 780-880mm
N22598 - Large 870-970mm



Standard Walking Frame Non Wheeled

N22549 - Small 680-780mm
N22550 - Medium 770-870mm
N22562 - Large 860-960mm



Ultra Narrow Walking Frame Non Wheeled

N22604 - Small 690-790mm
N22616 - Medium 780-880mm
N22628 - Large 870-970mm

General Safety Warning

Please ensure these instructions are fully read and implemented. Failure to do so may result in injury to the user. Retain in a safe place for future reference.

Intended Use

The NRS Healthcare Walking Frame Range is intended for use by people who have difficulty walking and require support.

Height Adjustment

- Remove product from its packaging.
- Check for damage. If you see any, or suspect a fault, do not use, contact your supplier immediately.
- Ideally the frame height should be set or checked by suitably qualified healthcare professional.

- When the height is set correctly the user should be able to maintain an upright posture with their elbow slightly bent, this will allow body weight to transfer through the frame when walking.
- To adjust height, press in the spring button, turn the leg slightly and slide up or down to the required height, turn leg back until the button springs back into the appropriate hole.
- Check all spring buttons are fully located in the mating holes before use.
- When using a non wheeled version, check all legs are at the same height and the frame is level.
- When using a wheeled version we advise the rear legs are set one hole higher than the front wheels to compensate for the size of the wheel, failure to do so could adversely affect the stability of the frame and change the position of the handles.

Safety Precautions

- Please ensure the maximum user weight is not exceeded
- Regularly inspect the product for damage or signs of wear (see Product Maintenance Section)
- Always wear flat supportive footwear. when using a walking frame
- Remove items from the floor which may cause obstacles, for example; loose rugs, worn floor coverings, draught excluders.
- Avoid wet floors.
- Do not use on stairs.
- If using outside beware of uneven and broken surfaces.
- Beware of adverse weather conditions, including wet leaves, ice and snow.
- When using accessories, bags baskets etc ensure they are fitted correctly and are not overloaded.
- Store the product safely, pay particular attention when transporting in cars as damage may be caused when closing boots/doors.

Using the Walking Frame:

Walking

Place the frame one step ahead and walk towards it using the weaker leg first, followed by the other leg, which should then step through. Do not walk too far into the frame area.

When steady, lift the frame and place it a short distance in front. (When using front wheeled frames, the rear legs should be lifted and wheeled forward as opposed to it being used as a wheeled rollator). Repeat the process.

Chairs - Getting Up

The frame should be placed in front of the chair.

The seated user should rise to a standing position, by pushing down on the chair arms, when fully standing, transfer both hands to the frame, proceed to walk as described above.

Chairs - Sitting Down

To sit down, using the frame, turn your back to the chair, feel the chair seat behind your legs, place your hands on the chair arms, bend slightly forward and lower slowly into the chair.

Cleaning & Product Maintenance

- Clean regularly, wipe down with a soft cloth and a mild detergent/disinfectant solution
- Do not use bleach, solvents or abrasive cleaners.
- Check product regularly for signs of excessive wear or damage, in particular: bent, or damaged tubes and tube joints
- Worn or elongated adjustment holes
- Loose parts; handles, ferrules.
- Worn or split ferrules
- If you suspect a fault - DO NOT USE THE PRODUCT

Warranty

The NRS Walking Frame Range is warranted for one year from the date of purchase against failure due to manufacturing or design defects, subject to the following conditions:

- It does not apply to wear & tear, incorrect or inappropriate use
 - Failure to comply to the user instructions with regard to correct assembly and use of the product
 - Negligent or careless treatment of the product
 - Exceeding the maximum user weight
 - Use of unsuitable or unapproved spare parts
 - Unauthorised modifications to the product
- The above conditions do not affect your Statutory Rights.

Walking Frames are part of a range of over 3000 daily living aids available from NRS HealthCare. To view the full range please visit our website www.nrs-uk.co.uk or request a catalogue from: info@nrs-uk.co.uk or telephone: 0845 120 4522.

Additional copies of this user instruction are available on our website: www.nrs-uk.co.uk

NRS Healthcare

Sherwood House, Cartwright Way
Forest Business Park, Bardon Hill
Coalville, Leicestershire. LE67 1UB UK

Tel: 0845 120 4522 Fax: 0845 121 8112
Email: customerservice@nrs-uk.co.uk

www.nrs-uk.co.uk