
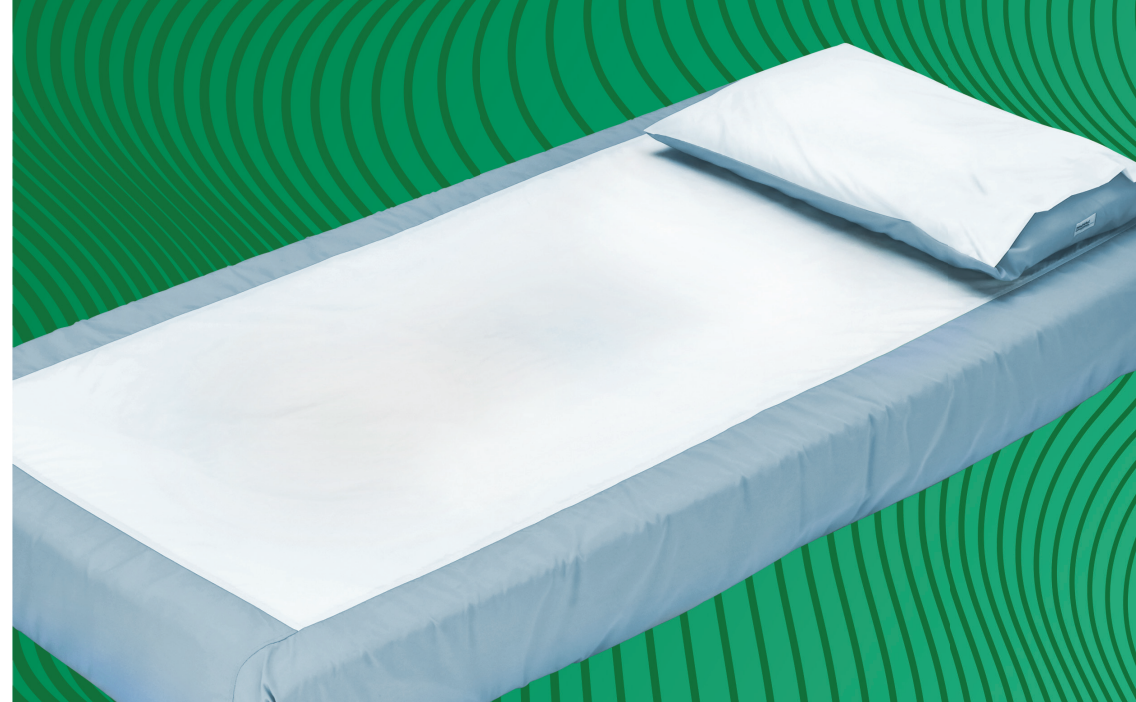


Product description		Product code	Size of mattress or pillow	Dimensions
Single fitted sheet		PFFSS-001	190cm x 90cm	Fitted. Central panel of Parafricta® fabric 74cm x 174cm
Single flat sheet (dynamic)		PFFSS-002	180-200cm x 90-100cm	160cm x 274cm Central panel of Parafricta® fabric 74cm x 174cm
Single flat sheet		PFFSS-003	180-200cm x 90-100cm	172cm x 292cm Central panel of Parafricta® fabric 74cm x 174cm
Single, semi-fitted sheet (Mobility Assist)		PFFMAS-001	190cm x 90cm	Semi-fitted. Panel of Parafricta® fabric 65cm x 132cm
Double flat sheet (Dual Purpose)		PFFDS-001	180-200cm x 130-140cm	250cm x 300cm Central panel of Parafricta® fabric 100cm x 120cm
Pillowcase		PFFPC-001	UK rectangular pillow	48cm x 71cm



Parafricta®

User Guide For Bedding

Parafricta®

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Bedding User Guide 39 V3 01032020



**Pressure Ulcer prevention
and recovery**

**Relief from Friction and Shear
Aiding Self Repositioning in Bed**

There is a range of Parafricta® sheets and pillowcases for use in different settings. Please use this guide to select the most suitable product.

All of the bedding contains a unique **low friction fabric** that is designed to protect fragile skin* against the damage caused by **friction** and associated **shear** and to provide comfort to users.

Some of the sheets are also designed to aid users with limited mobility to self-reposition (turn) whilst in bed.

When to use Parafricta® bedding

***Fragile skin** conditions such as

- Patients at high risk of pressure ulcers
- Patients exhibiting friction lesions due to agitation
- Following burns or skin grafts
- Epidermolysis bullosa
- Allergic or autoimmune skin reactions
- At end of life

Choosing the best sheet to use

Consider four factors;

- (1) the reason for using the sheet (a) skin protection (b) aid to repositioning
- (2) the type of bed frame i.e. flat or tilting/profiling
- (3) the type of mattress i.e. standard, static pressure relieving or dynamic pressure relieving
- (4) the size of the mattress (a) single (b) double

All bedding products are white except for those marked 'B' which are also available with a blue colour border or underside.

Neonatal Bedding

Parafricta® also makes a neonatal sheet and nest for use inside an incubator to protect very fragile neonatal skin (in pre-28 week neonates). See website for more information.

Product Range

	Product Code	Used for	Type of bed or mattress	Colour
Single fitted sheet	PFFSS-001/B	Skin protection	Only flat bed, standard or static pressure relieving mattress	White or Blue
Single flat sheet (Dynamic)	PFFSS-002/B	Skin protection	Flat or tilted bed, dynamic pressure relieving mattress	White or Blue
Single flat	PFFSS-003/B	Skin protection	Flat or tilted bed, standard or static pressure relieving mattress	White or Blue
Single, semi-fitted sheet (Mobility Assist)	PFMAS-001	Self-repositioning	Flat or tilted bed, standard or static pressure relieving mattress	White
Double flat sheet (Dual Purpose)	PFDDS-001	Self-repositioning or Skin protection	Flat or tilted bed, standard or static pressure relieving mattress	White
Pillowcase	PFFPC-001/B	Skin protection	UK rectangular pillow	White or Blue

How to wash and dry bedding

Use a domestic washing machine at 60°C or 95°C. In professional laundries, for increased sanitization, use a cycle that includes 70°C for 10 minutes or 95°C. Air dry or gently tumble dry on a low synthetic cycle.

When to change bedding

If there is any sign of soiling or according to clinical judgement (same as normal bed linen).

Why does some of the bedding have blue borders?

This is to allow easy identification on the bed or in the laundry in a hospital or nursing home setting.

Will liquids pass through the fabric?

Yes. Users should consider placing an absorbent pad under the sheet or pillowcase to draw away urine, wound exudate, sweat or saliva.

Which way up should the bedding be positioned?

The Parafricta woven label should always be uppermost at the top of the bed. The pillowcase should have the Parafricta fabric uppermost.

Where to find more information

www.parafricta.com