

# **USER INSTRUCTIONS NUVO SLATTED BATH / SHOWER BOARDS**

Putting People First

L71134	Bath Board 26½" (673 mm)	L71146	Bath Board 27½" (698 mm)
L71158	Bath Board 28½" (724 mm)	L71169	Bath Board 30" (762 mm)
L71171	Shower Board 26½" (673 mm)	L71183	Shower Board 27½" (698 mm
L71195	Shower Board 28½" (724 mm)	L71274	Grab Handle (optional)



# 🛕 General Safety Warning 🗘



Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

#### 1. **INTENDED USE**

To provide a safe seating or transfer platform for use when bathing or showering. It can be used on its own or in conjunction with the NuvoTM Bath Seat to allow the user to sit lower in the bath.



#### 2. SAFETY

Warning: The maximum user weight must not be more than 190 kg (30 st).

Check the bath seat fits correctly inside the bath. There should be a minimum of 1.5" (37 mm) of level bath rim on each side to support the board.

Ensure the wing nuts are tight and the clamps are secure prior to use.

Do not attempt to stand on the seat.

#### 3. UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

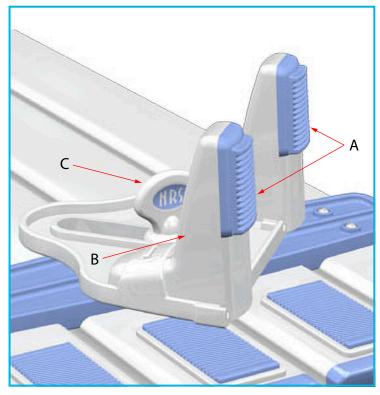
#### 3.1 **Contents:**

- Bracket Pads x 8
- Bracket Locators x 4
- C. Wing Nuts x 4

# **Maximum User Weight**



### **ASSEMBLY**



Push the bracket pads (A) into the bracket locators

Screw the wing nut (C) through the central slot into the corresponding screw thread to attach the clamp bracket to the underside of the board.

#### **INSTALLATION** 5.

- 1. Choose the desired position of the bath board. The optimum position is at the end opposite the taps.
- 2. Clean and dry the bath walls thoroughly in the area where the board is to be fitted.
- Place the board across the top of the bath with the brackets facing upwards and the edge of the board in line with the edge of the bath.
- Slide one of the brackets such that the bracket pad is in line with the inside edge of the bath and secure by tightening the wing nut.

- Do not over-tighten the wing nut.
- 6. Turn the bath board over and locate the 'fixed' bracket in position at the inside far edge of the bath.
- 7. Slide the opposite bracket into position so that the bracket pad touches the inside near edge of the bath. Secure by tightening the wing nut.
- 8. Take care not to over-tighten the wing nut.
- 9. The bath board should now feel firm and stable. If not, check the bracket pads are flat against the bath walls, if necessary repeat previous step.

### 5.1 To remove:

Loosen the wing nut on one of the clamps and slide the bracket away from the bath wall, then lift the board up and out of the bath.

### 6. IN USE

- 1. Stand with your feet flat on the floor with your back to the bath.
- 2. The edge of the bath should be against the back of your legs.
- 3. Sit down on the edge of the board.
- 4. Lift your legs one at a time over the bath edge into the bath.
- 5. Reposition yourself to be central on the board.
- 6. You may need to use your arms to 'lift' your bottom and move sideways in small stages.
- 7. You are now ready to shower, wash down or transfer on to a bath seat to be closer to the base of the bath.

## 7. FITTING THE OPTIONAL GRAB HAN-DLE (L71274)

**Note:** Fit the handle centrally on the edge of the board, opposite to the entry/exit side of the bath. Angle it inwards to the bath. See image.



- 1. Hold the handle in position and slide the plastic tab into position on the underside of the board.
- 2. Insert the screws and loosely secure in place.
- 3. Turn the board upside down and tightly fasten the screws using the allen key provided.

### 8. MAINTENANCE

Check the wing nuts are tight and the clamps are secure and that the board has no excessive movement.

Periodically check the board for signs of wear. Immediately report to the supplier any suspected faults or damage and take the board out of use.

### 9. CLEANING INSTRUCTIONS

Clean regularly using a general purpose, neutral detergent and warm water.

Check the suitability of the cleaning product before use. Do not use abrasive cleaners or cloths as these will permanently damage the surface and invalidate any warranty.

To disinfect, wipe with a dilute bleach solution and rinse thoroughly with fresh water.

Product is suitable for thermal decontamination and can be steam cleaned or autoclaved on cleaning cycles up to 80°C.

### 10. PRODUCT DISPOSAL

Thoroughly clean/sterilise this product prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

### 11. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.

This guarantee covers domestic use only. If the product is used in commercial or semi-commercial settings such as care homes, schools, rental or communal accommodation etc, the guarantee is valid for one year only. Consumable parts are also guaranteed for one year only.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

NRS HEALTHCARE Sherwood House, Cartwright Way, Forest Business Park Bardon Hill, Coalville, Leicestershire, LE67 1UB, UK.

Tel: Customer Services: +44 (0)345 121 8111 Email: customerservice@nrshealthcare.co.uk

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