

# **USER INSTRUCTIONS** NRS SLATTED BATH BOARD **AND SHOWER BOARD RANGE**

M78342	NRS Slatted Bath Board 26" (660mm)	M78354	NRS Slatted Bath Board 27" (686mm)
M78366	NRS Slatted Bath Board 28" (711mm)	M78389	NRS Slatted Shower Board 26" (660mm)
M78391	NRS Slatted Shower Board 27" (686mm)	M78408	NRS Slatted Shower Board 28" (711mm)



## General Safety Warning



Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

## **Maximum User Weight**



#### 1. INTENDED USE

The NRS Slatted Bath/Shower Board range is designed to provide a safe seating or transfer platform for use when bathing or showering. It can be used on its own or in conjunction with the NRS Slatted Bath Seat to allow the user to sit lower in the bath.



#### 2. SAFETY

Warning: The maximum user weight must not be more than 190Kg (30st).

Ensure the bath/shower board is the correct size for the bath/shower. The right size is the largest board that will fit without protruding over the edge

There should be a minimum of 37mm (1.5") of level rim on each side, on which to support the board

The bath surface should be clean, dry and free from oil or soap residue

The optimum position for the board is the end opposite the taps.

This bath/shower board should be fitted to the section of the bath where the bath sides are parallel (ie, not where the sides are curved).

#### UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

The bath or shower board is supplied with 2 fixing brackets and 2 hand wheels.

#### 4. ASSEMBLY/INSTALLATION

#### Installation: 4.1



Attach the brackets to the board by loosely screwing the Hand wheel through the central slot, into the corresponding screw thread.

Place the board across the top of the bath, brackets uppermost, with the edge of the board pushed against the wall. Slide the furthest bracket into position, in line with the inside edge of the bath. Tighten wing nut.

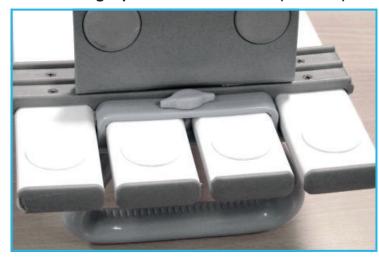
Turn Board over with furthest pads against inside edge of bath. Reach underneath and slide outermost bracket pads up to bath edge. Tighten wing nut.

The bath board should now feel very firm and stable. If it does not, repeat the previous step until the board is both firm and stable.

### 4.2 Removing:

Slacken the hand wheel on the outer edge, slide bracket away from bath side and remove.

## 4.3 Fitting Optional Grab Handle (M78378):



Handle to be fitted centrally, on edge of board nearest to wall, angled inwards.

Slide the Grab Handle onto the two central slats. Push it over the non-slip pads and part way between the pads and cross moulding. Tighten clamp securely with the hand wheel.

Push the grab handle against the cross moulding and give hand wheel final tighten.

Fit the board to the bath as detailed in the Installation Instructions section

# 5. SAFE USE OF THE BATH/SHOWER BOARD

Start with your feet flat on the floor and your back to the bath

Step backwards until you can feel the edge of the bath against the back of your legs

Sit on the board and move your bottom back towards the middle of the bath board

Lift your legs one at a time over the bath edge, into the bath

Move your bottom across the board until you are seated in a central position. You may need to use your arms to 'lift' your bottom and move sideways in small stages

You are now ready to shower, wash down or transfer on to a bath seat to be nearer to the bottom of the bath.

#### 6. MAINTENANCE

Check regularly, at least weekly, that the bath board remains firmly fitted to the bath. Check also for damage and/or wear and tear.

- Particular care should be taken if removing and refitting the board to the bath for each use to ensure correct fitting for signs of wear or damage.
- · Remove from use immediately if there are signs of wear or damage or if you cannot achieve a firm, secure fitting on the bath.

#### CLEANING INSTRUCTIONS.

Suitable to withstand industrial cleaning up to 80°C or wipe clean with a soft cloth, moistened with disinfectant solution or cream cleaner.

Ensure product is dried fully before storage or refitting.

Do not use abrasive cleaners or cloths to clean or dry any surfaces

## 8. ACCESSORIES & SPARE PARTS

M78378 NRS Slatted Bath Board Handle.

For more details please visit our website:

www.healthcarepro.co.uk or call Customer Services.

## 9. PRODUCT DISPOSAL

This product must be thoroughly cleaned/sterilised prior to disposal.

This product is manufactured from plastic and metal and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

#### 10. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 12 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover; abuse, misuse, interference or tampering with any part of the product.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

NRS HEALTHCARE Sherwood House, Cartwright Way, Forest Business Park Bardon Hill, Coalville, Leicestershire, LE67 1UB, UK.

Tel: Customer Services: 0345 121 8111 Email: customerservice@nrshealthcare.co.uk

NRS Healthcare is a leading supplier of community equipment and daily living aids.

Please visit one of our websites to view our full range of products:

www.healthcarepro.co.uk or www.completecareshop.co.uk