

#### Maximum User Weight: This product has a weight capacity of 51Kg (8st). As a guide, it is suitable for persons up to 153Kg (24st) to use as a leg rest when seated.

## **General Safety Warning**

Please ensure these instructions are fully read and understood before installation/ use. Retain these instructions in a safe place for future reference.

#### Intended Use

The Tuffet Leg Rest is intended to support the legs of the user when sitting in a chair. The Tuffet can be used as a traditional leg rest (diagram1), or inverted for use as a "rocker" leg rest (diagram2).

### Set up instructions

The Tuffet is fitted with a one way valve which allows the firmness of the footstool to be adjusted by inflating or deflating. To inflate, simply blow into the valve (as if blowing up a balloon). To deflate, insert a biro pen or similar object into the valve and the air will be released.

#### **Cleaning Instructions**

Wipe clean with a soft, damp cloth. Do not use an abrasive cleaner or cloth.

This product is from a range of over 3000 daily living aids available from Nottingham Rehab Supplies. To view the full range visit <u>www.nrs-uk.co.uk</u> or request a catalogue from the above number.

# www.nrs-uk.co.uk

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# User Instructions Tuffet Leg Rest F21425

**1- Traditional Leg Rest**: In this position the Tuffet gives the user a choice of two elevations depending on which way round the Tuffet is placed



**2 - Rocker Leg Rest:** When the Tuffet is upturned it can pivot to the most appropriate position for the user



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