

CARE AND MAINTENANCE

- Every time the one-way slide is used check it for signs of damage and excessive wear. Inspect all seams and ensure they are intact.
- If there are any tears in the fabric or seams or if the padding in the seat cushion is visible at any point, take the one-way slide out of service immediately.
- Clean any spills or marks from the slide as quickly as possible using warm soapy water and a sponge. Isopropal alcohol (IPA) wipes can also be used to wipe the slide clean.
- The one-way slide can be machine washed at 71 degrees. Do not tumble dry the product. Do not use fabric conditioner.
- Do not use bleach or solvent cleaners on the product.
- Always ensure that the one-way slide is thoroughly dried before it is used.

User Instructions

One-Way Slide Sheet



These are the user instructions for the CareFlex One-way Slide Sheet. Please read them carefully and keep them in a safe place for future reference.

The one-way slide sheet is designed to be used as a moving and handling aid to help position the client so their pelvis is upright and supported in the back of a chair. The slide sheet only rolls freely in one direction. This is to stop the client sliding forward, thus preventing them from sacral sitting. The one-way slide sheet has a visco-elastic foam cushion incorporated into it to aid with pressure relief. This cushion allows the slide to be left in place beneath the client, helping them to maintain their sitting position.

WARNING

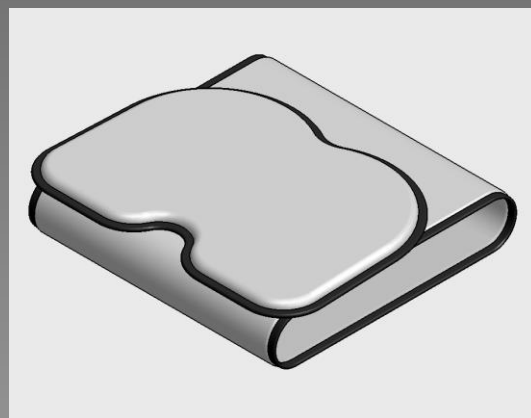
A risk assessment should be carried out for separate moving and handling procedures for individual clients. Please contact a moving and handling trainer for full details.

The visco-elastic cushion is intended to provide a pressure management solution for low to medium risk clients. It should not be considered as a total pressure management solution. A full assessment of a client's pressure management requirements must be assessed by appropriately trained personnel. Please contact your tissue viability officer for further information and guidance.

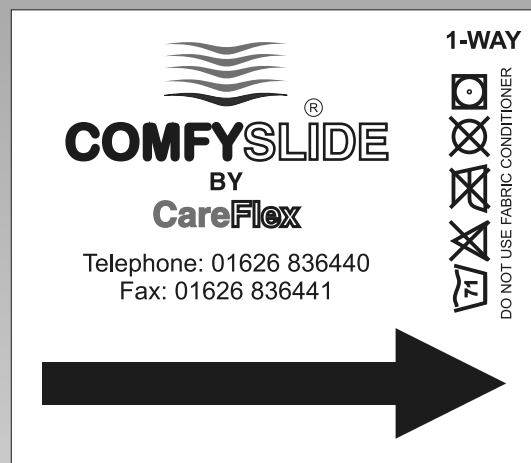
A level of supervision appropriate to the user's abilities must be applied at all times.

Because the slide is intended to be used in one direction only, there are two indicators of direction to help orientate the slide on a chair seat. The first is the arrow on the care label sewn behind the cushion. The one-way slide should be positioned on the seat cushion so that the arrow points towards the back of the chair. The straight edges on the slide cushion should be positioned to the front of the chair.

The one-way slide will only be effective if the seat depth of the chair being used has been set up for the client. If the seat depth is too long the client will not be able to position their bottom right back in the chair and they will still sacral sit, despite trying to move them back on the one-way slide.



One way slide with straight edge of cushion indicating the front edge of the slide.

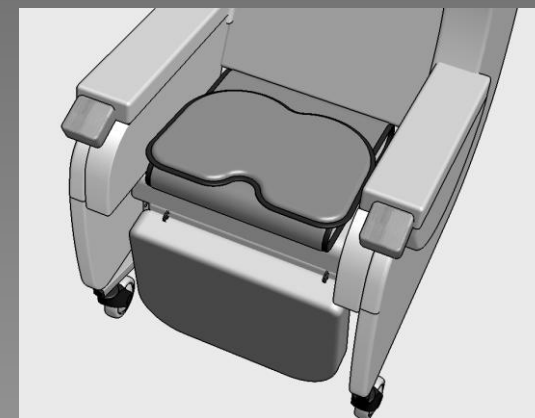


One way slide label with arrow showing direction. The arrow must point to the back of the chair.

To position the one-way slide ready for use, hold the front edge of the cushion and pull the loop of the slide so that the care label is clearly visible at the back of the cushion. Lie the one-way slide on the seat onto which the client is being transferred so that the front of the slide cushion lines up with the front edge of the seat cushion.

Transfer the client onto the seat using a technique appropriate to the client's condition. Once the client is sat on the seat and slide, encourage them to push themselves back into the seat. If necessary assist the client to manoeuvre themselves into a good sitting position where their bottom is as far back in the seat as possible. Do not lift the client.

The one-way slide can be used in combination with a moving and handling belt to help assist the client back into the chair.



One way slide positioned on a chair seat after setting the correct seat depth for the client.

