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Occupational Therapy Guide

# non-slip

## Making life easier



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Please try me



[www.dycem.com](http://www.dycem.com)

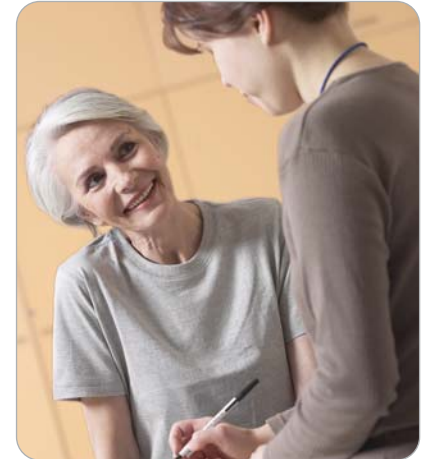
## For a safer more independent life

Dycem Non-Slip has been specially designed to overcome many of the stabilisation and gripping problems encountered in hospitals, care homes, clinics and around the home. Dycem products have been widely used by therapists for many years serving people with special needs or visual impairments. Dycem also helps people who have had a stroke and anyone who needs that extra little bit of help.










Dycem products are not sticky but grip on both sides to prevent movement, ideal for improving grip, providing support, stability, visual cues and confidence during everyday activities and exercise.

### **Dycem Non-Slip:**

- Multi-purpose - grips, holds & opens
- Long lasting – easy to clean
- Non-toxic and latex free
- The professional's choice
- Award winning
- Simple to use



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## Dycem and Occupational Therapy

Dycem has a range of applications within Occupational Therapy, here are just some of the applications listed below.

- Physical Assessment and Therapy
- Formal Assessment and Testing
- Creative Therapy
- Seating and Positioning
- Weight Transference and Feet Stabilisation
- Splinting
- Visual Impairment
- Scar Massage



Please let us know how you use your Dycem so we can help others in your industry. Simply e-mail [yourideas@dycem.com](mailto:yourideas@dycem.com)

## Dycem Reels

Dycem has a range of Non-Slip Reels which are available in different sizes, colours and thicknesses, all can be cut to fit discreetly under items in the clinic or home.

For gait re-education and balance activities, Dycem reel material can be used under hands, feet and knees. Dycem can also stabilise equipment or limbs in weight bearing exercises. Using Dycem beneath feet and on seats will help improve positioning and posture when standing or sitting. Use on armrests to help with altered tone. Great for use under cushions and pillows to stop sliding.



**New Bulk Non-Slip Reel** is laminated on both sides for easy cutting and dispensing. Protective film keeps the unused product clean - simply peel the protective film before using.

**Original** Reels are made from a fabric base and coated with Non-Slip properties.

**Grip-It** Reel material is slightly stiffer than Original Reel material, ideal for holding paper during writing.

**Comfort** Reel material has enhanced cushioning and protection.



### Reels

	Silver/4	Blue/1	Red/2	Green/3	Black/6	Yellow/8	White/5	Grey	Metallic Blue/1	Metallic Green	Gingham/G	Floral/F	Transparent/C
PRODUCTS													
Original NS03/S1 20cm x 1m x x 0.6mm (8" x 3' x 1/40")	•	•	•	•	•	•	•						
Original NS03/L1 40cm x 1m x 0.6mm (16" x 3' x 1/40")	•	•	•	•	•	•	•						
Original NS03/S2 20cm x 2m x 0.6mm (8" x 6' x 1/40")	•	•	•	•	•	•	•						
Original NS03/L2 40cm x 2m x 0.6mm (16" x 6' x 1/40")	•	•	•	•	•	•	•						
Original NS03/S9 20cm x 9m x 0.6mm (8" x 29' x 1/40")	•	•	•	•	•	•	•						
Original NS03/L9 40cm x 9m x 0.6mm (16" x 29' x 1/40")	•	•	•	•	•	•	•						
Reel & dispenser NS13/RDS 20cm x 15m x 0.6mm (8" x 16 1/2Yd x 1/40")	•	•	•	•	•	•	•				•	•	•
Reel & dispenser NS13/RDL 40cm x 15m x 0.6mm (16" x 16 1/2Yd x 1/40")	•	•	•	•	•	•	•				•	•	•
Grip-It NS03/S2 20cm x 2m x 0.6mm (8" x 6' x 1/40")											•	•	•
Grip-It NS03/L2 40cm x 2m x 0.6mm (16" x 6' x 1/40")											•	•	•
Grip-It NS03/S9 20cm x 9m x 0.6mm (8" x 29' x 1/40")											•	•	•
Grip-It NS03/L9 40cm x 9m x 0.6mm (16" x 29' x 1/40")											•	•	•
Comfort NS03/CS2 20cm x 2m x 1.1mm (8" x 6' 6" x 1/40")		•											
Comfort NS03/CS5 20cm x 5m x 1.1mm (8" x 16' 5" x 1/32")		•											

# Non-Slip Mats

Dycem Mats are available in a range of sizes and colours. Product options include Coasters & Placemats, Paediatric Mats, Floor Mats and Vision Mats

## Coasters & Placemats

Dycem coasters and placemats offer people with difficulty gripping or with mobility problems a helping hand. The Dycem material provides a secure surface that anchors items like games or note pads to tables and prevents cups from slipping off trays or tables.



Use Dycem Mats:

- For a variety of therapy exercises.
- To facilitate co-ordination and spatial awareness exercises.

Colour contrast is important for many partially sighted, elderly people as it helps to make items easier to see against work surfaces. Placing a white bowl on a brightly coloured Dycem Mat will help make it easier to see as well as making the bowl more stable.

[www.rnib.org.uk](http://www.rnib.org.uk)



## Coasters & placemats

PRODUCTS	Silver/4	Blue/1	Red/2	Green/3	Black/6	Yellow/8	White/5	Grey	Metallic Blue/1	Metallic Green	Gingham/G	Floral/F	Transparent/C
Coasters (4) NS08/MC 9cm x 9cm x 3mm (3 1/2" x 3 1/2" x 1/8")	•	•	•	•	•	•	•	•	•	•	•	•	•
Coaster NS02/14 14cm diameter x 3mm (5 1/2" x 1/8")	•	•	•	•	•	•	•	•	•	•	•	•	•
Mat NS02/19 19cm diameter x 3mm (7 1/2" x 1/8")	•	•	•	•	•	•	•	•	•	•	•	•	•
Mat NS02/SM 25cm x 18cm x 3mm (10" x 7.25" x 1/8")	•	•	•	•	•	•	•	•	•	•	•	•	•
Mat NS02/MD 35cm x 25cm x 3mm (10" x 14" x 1/8")	•	•	•	•	•	•	•	•	•	•	•	•	•
Mat NS02/LG 38cm x 45cm x 3mm (15" x 18" x 1/8")	•	•	•	•	•	•	•	•	•	•	•	•	•



### Paediatric Mats

The Non-Slip Hippo and Tortoise moulded Mats can be used for children with cerebral palsy in a variety of situations including on table tops to stop cups, papers from slipping. Use on chairs, high chair and on the floor to help with balance.

The fun Non-Slip shapes help keep children’s arms in position while resting on the table, enabling them to carry out tasks more easily. The bright colours and fun shapes attracts the child’s attention, while providing a secure stabilised surface, allowing the child to participate as much as possible to develop independence.

The bright colours and animal shapes are also attractive for people with Dementia and children with Autism.



The Hippo and Tortoise Mat Sets - Available as pre-cut shapes from the thinner reel material - Sets of 3 mats each package - one red, blue and yellow.



### Paediatric Mats

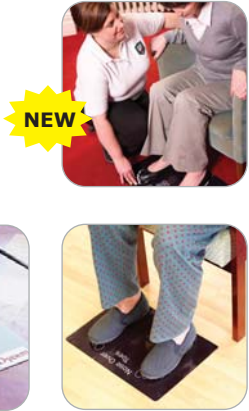
PRODUCTS	Silver/4	Blue/1	Red/2	Green/3	Black/6	Yellow/8	White/5	Grey	Metallic Blue/1	Metallic Green	Gingham/G	Floral/F	Transparent/C
Hippo (3) NS10/HPC 25cm x 14cm x 0.6mm (10" x 5 1/2" x 1/40")		•	•				•						(Pack contains one of each colour)
Tortoise (3) NS10/TPC 22cm x 15cm x 0.6mm (9" x 6" x 1/40")		•	•				•						(Pack contains one of each colour)
Hippo Seat Mat NS02/SM 35cm x 25cm x 3mm (10" x 7.25" x 1/8")		•											
Tortoise Play Mat NS02/TM 35cm x 25cm x 3mm (10" x 14" x 1/8")		•	•	•		•							
Hippo Play Mat NS02/HM 35cm x 25cm x 3mm (10" x 14" x 1/8")		•	•	•		•							

Floor Mats/Fall Prevention

Dycem Floor Mats provide a surer footing for those who experience weight transference and balance problems, either when pushing up from a seated position or when lowering themselves down onto a seat.

Dycem’s Nose over Toes Mats are perfect for placing under feet to aid with the correct positioning for standing and sitting.

The Dycem Non-Slip floor mat help stabilise feet during a number of movements such as the transfer from bed to chair.



Floor Mats

PRODUCTS	Silver/4	Blue/1	Red/2	Green/3	Black/6	Yellow/8	White/5	Grey	Metallic Blue/1	Metallic Green	Gingham/G	Floral/F	Transparent/C
Floor Mat 45cm x 60cm x 3mm NS02/FM (18" x 24" x 1/82")	•												
Nose over Toes NS14/PM 35cm x 50cm x 1 mm (13 3/4" x 20" x 1/32")				•									

Vision Mat Range

Dycem can be printed with almost any image or design providing your clinic or care home with a unique therapy aid. We have a range of pre-printed products as well as bespoke options.

Autumn Scene Non-Slip Wheelchair Tray Mat – This decorative, colourful Non-Slip mat provides visual stimulation and a secure surface for the wheelchair tray and cantilever table surfaces.

Dycem Vision range can provide your practice with a bespoke Non-Slip mat.



# Jar & Bottle Openers

The Jar and Bottle Openers provide a dome shaped cushioned grip helping people who have suffered a stroke or people who have the use of one arm.



The Jar and Bottle openers’ are ideal for people with a weak grip, decreased sensation in their hands and upper extremity weakness. Dycem openers can help with opening;

- Medicine bottles/Rx bottles
- Jars
- Door knobs
- Cabinet handles
- Faucet's
- Drinks bottles
- Champagne



Dycem openers were voted 10/10 best opening gadgets in an independent survey by Yours Magazine.



Dycem Jar or Bottle openers can also be used in conjunction with a variety of other aids.

If a Dycem Mat is placed under a bottle or jar, users can open lids and caps with the use of one hand.



## Openers

PRODUCTS	Silver/4	Blue/1	Red/2	Green/3	Black/6	Yellow/8	White/5	Grey	Metallic Blue/1	Metallic Green	Gingham/G	Floral/F	Transparent/C
Jar Opener NS07/JO 11.8cm (5") diameter	•												
Bottle Opener NS07/BO 5.2cm (2") diameter	•					•	•		•				
Jar Opener & Mat Set Jar Opener & 14cm Coaster NS07/ME (5 1/2")						•			•	•			



# Self-Adhesive Strips and Panels

Dycem Self-Adhesive Strips and Panels are manufactured from Original Reel Material with an adhesive backing added to secure more permanently and give an enhanced built up grip.

Dycem Self-Adhesive strips are very versatile and can easily be wrapped around a variety of items including;

- Wheelchair arms
- Walkers
- Walking sticks
- Walking frames
- Cutlery
- Writing instruments
- Craft items
- Paint brushes
- Crayons



Self-Adhesive panels can be used to line a splint to increase friction and prevent the splint from slipping and shifting.

Self-Adhesive strips are also available in comfort material, providing a thicker and cushioned Non-Slip grip.

# Netting

Dycems Netting is a soft mesh material that provides padding and improves grip. The wide mesh allows air to circulate, thus avoiding clamminess and maintaining comfort, especially while sitting.

Prevent cushions and patients from sliding by using Dycems Netting on:

- Chairs
- Mattresses
- Wheelchairs



## Self Adhesive & Netting

	Silver/4	Blue/1	Red/2	Green/3	Black/6	Yellow/8	White/5	Grey	Metallic Blue/1	Metallic Green	Gingham/G	Floral/F	Transparent/C
<b>PRODUCTS</b>													
Panel NS05/PA 40cm x 90cm x 0.8mm (16" x 1 Yd x 1/32")	•	•				•	•						
Comfort Panel NS05/CPA 20cm x 90cm x 1.1mm (8" x 7Yd x 1/32")													
Strips (3) NS05/ST 40cm x 3cm x 0.8mm (16" x 1 1/8" x 1/32")		•					•						
Comfort Strips (3) NS05/CST 57mm x 40cm x 1.1mm (2 1/4" x 16" x 1/32")	•												
Netting NS07/NE 60cm x 2m (2' x 6'6")								•					

Please note all sizes are nominal

## Home & Leisure



## Occupational Therapy



## Catering



## Marine



## Transport



## Music



## Office



## Industrial



## Laboratory



## Printed Mats



## Product Care

Your Dycem product will last for many years.

When your product gets dirty and dusty, simply restore the Non-Slip properties by washing in warm soapy water and allowing to dry.

Alternatively use Dycem alcohol based non-slip wipes to leave all Non-Slip products instantly dry and ready to reuse. They can be used as a quick and effective method of cleansing any Non-Slip surface. Sold as a pack of 10. (Product Code NS07/W/Z)

### Please note

Dycem is not effective when wet. Do not subject to temperatures over 50°C (122 °F)



## Product details & where to buy

For further details on these products and the whole Dycem range please visit **[www.dycem.com](http://www.dycem.com)**

For details of your nearest distributor please e-mail **[nonslip@dycem.com](mailto:nonslip@dycem.com)**