

USER INSTRUCTIONS

TRIPOD AND TETRAPOD WALKING STICKS

H87139	Tripod Walking Stick	L64348	Tetrapod Walking Stick Centred Legs
L29324	Tetrapod Walking Stick Small Base	L29312	Tetrapod Walking Stick Large Base

⚠ General Safety Warning ⚠

Please make sure that you read and follow these instructions carefully. Failure to do so can result in injury. Keep these instructions in a safe place for future reference.

Maximum User Weight



1.0 INTENDED USE

Tripods and Tetrapods are walking aids with 3 or more legs designed to give the user greater stability and support than a single stick.



Figure 1: Tetrapod Walking Stick Large Base

Check for:

- Loose or cracked handles.
- Worn, split or damaged ferrules (rubber feet).
- Bent or damaged tubes or cracks at the tube welds or joints.
- Button spring clip is present and not worn or loose.
- Elongated adjustment holes.

3.0 UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

4.0 ADJUSTING THE WALKING AID

The walking aid must be correctly adjusted for the user before use. A walking aid at the wrong height puts strain on your hands, wrists, shoulders and neck.

To measure the correct height for your walking aid, stand up straight with your hands relaxed at your sides. The top of your walking aid should line-up up with your wrist.

Your elbow should be slightly bent when holding the walking stick.

2.0 SAFETY

1. The maximum user weight must not be greater than 20 st / 127 kg.
2. While moving, be aware of slipping hazards and uneven surfaces.
3. The product must be inspected at regular intervals, for signs of damage or significant signs of wear.

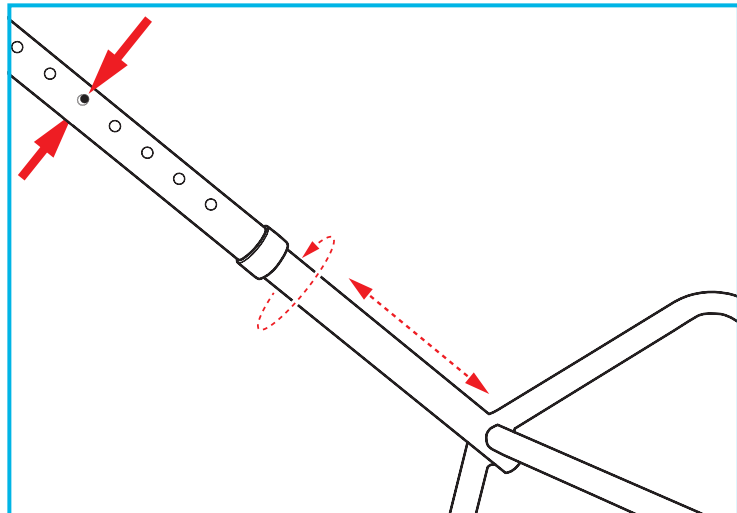


Figure 2: Handle Adjustment

1. Refer to Figure 2. Push and hold the button-clips on either side of the handle tube, then twist the leg to disengage the holes.
2. Push or pull the leg to the required position.
3. Twist the leg to align the button-clips until they click into the nearest adjustment holes to secure.

Note: Make sure that both button-clips have fully engaged into the adjustment holes, on both sides.

5.0 USING THE WALKING AID

5.1 Walking with the Walking Aid:

1. Hold the walking aid in the hand opposite the leg or joint that needs support.
2. Take a step with the injured leg and bring the walking aid forward at the same time.
3. Lean your weight through the arm holding the walking aid as needed.
4. If you use a walking stick for balance you can use it in either hand, whatever feels most comfortable or you.

5.2 Getting up from a Chair:

Note: The walking aid should be kept within easy reach of the chair.

1. Place one hand on the arm of the chair, then place the other hand on the handle of the walking aid. Lean forward and push up using the walking aid and chair arm for support.

5.3 Sitting Down:

1. Make sure the chair is immediately behind you.
2. Place your free hand on the chair arm, bend forward and lower yourself gently into the chair using the walking aid and chair arm for support.
3. Place the walking aid within easy reach of the chair.

6.0 CLEANING

Warning: Do not use bleach or solvents.

1. Clean the frame regularly, using a general purpose, neutral detergent and warm water.
2. Please check the suitability of the cleaning products before use.
3. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.
4. Always allow the product to dry thoroughly prior to use or storage.

7.0 PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

8.0 PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.

This guarantee covers domestic use only. If the product is used in commercial or semi-commercial settings such as care homes, schools, rental or communal accommodation etc, the guarantee is valid for one year only. Consumable parts are also guaranteed for one year only.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.



NRS HEALTHCARE Sherwood House,
Cartwright Way, Forest Business Park, Bardon
Hill, Coalville, Leicestershire, LE67 1UB, UK.



NRS HEALTHCARE 4C Altona Road,
Blaris Industrial Estate, Lisburn, Co
Antrim, Northern Ireland BT27 5QB

Tel: Customer Services: +44 (0)345 121 8111

Email: customerservice@nrshealthcare.co.uk

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