



User manual

trio walker

Item code 2050.1

Item code 2055.1

Item code 2045.1

Item code 2040.1




Thomashilfen

Dear User!

With the trio walker you made a good choice. It will help you to cope with your daily life or during your walking therapy. The walker can be used both indoors and outdoors.

Operating the trio walker is simple and not complicated at all. Width and height can be adjusted without needing any tools. Should you have further questions regarding the trio walker, please contact your specialist dealer or us directly.

Indications

Walkers support people with walking disabilities by reducing the strain of the lower extremities. In order to use the walker the user needs to be able to apply their own force and to have a basic ability to stand.

The walker provides for a relieving and safe walking training for diseases or injuries which implicate disorders in the walking apparatus and / or coordination and balance problems.

Guarantee / Reuse

Thomashilfen offers you a guarantee of 24 months on manufacture and material of the walker. Not included are damages caused by inappropriate use or normal wear and tear.

Even after the discontinuation of this model Thomashilfen will stock the corresponding spare parts. This ensures the replacement of parts, e.g. for the reuse of the product, for a long time.

Safety instructions

- The use of the walker by people with limited mobility must always be supervised by a carer to prevent falls!
- Before using the walker all screw connections, especially those for the height adjustment, have to be checked and, if necessary, retightened on a regular basis!
- Please be very careful when passing small obstacles, e.g. doorsills. There is always a risk for the walker to tip over! Never pass those obstacles reverse.
- Make sure to rest on the entire forearm or to sufficiently support yourself on the armpit support (accessory).
- Always hold on to the front handles.
- Use the walker on even ground only.
- ATTENTION! Please be careful when adjusting the armrest and armpit support. There is a danger of trapping your fingers.
- ATTENTION! The armrests can get very hot when exposed to direct sunlight for a longer time. There is a risk of injury in case of direct skin contact.

Maintenance and care

- Please do not use any abrasive, aggressive, chloric, or acidic cleaning agents for the trio walker, but detergents suitable for plastic and lacquer.
- Once a year the walker has to be checked by qualified personnel for possible malfunctions / damages / proper functioning.

Handle adjustment

For transportation the handles are turned over on the underside of the walker's top part. In order to position them correctly, loosen the screw and turn the handles until they face upwards (fig. 1). If possible, maintain the 90° angle between handle and armrest (both ways horizontally and vertically). Make sure the grid matches up.



fig. 1

Height adjustment of the armrest

The height of the armrests can be adjusted by loosening the two clamp screws on either side (fig. 2). The height is set correctly when the arms of the user are resting in a 90° angle on the arm supports.



fig. 2

Attention:

After changing the position of the armrest do not forget to tighten the clamp screws! Use at most 10 Nm for tightening otherwise damaging could happen! Also pay attention to the maximum possible extension position (marked on the pipes)!

Adjusting the brakes

The brake action can be fine adjusted by tightening the brake cable on the hand brake. By turning the cable tightener to the right, the brake action is reduced (fig. 3).

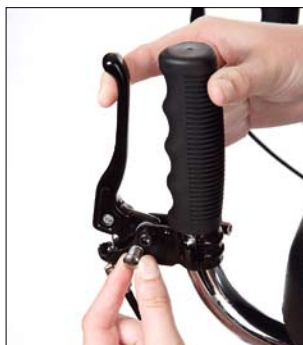


fig. 3

In addition, the brake can be adjusted at the end of the brake cable (fig. 4) by turning the cable tightener.



fig. 4

Attention:

Always make sure that the wheel can only just swivel when the brake is released. Too much space between wheel and brake reduces the brake action!

Always secure the trio walker against rolling when getting in or off! You can lock it by pushing the button on the handbrake. To unlock again, slightly pull the brake arm of the hand brake.

Width adjustment

If you possess a model with width adjustment, you can change the position of the armrests. Loosen the screws underneath the armrests (fig. 5). Adjust the desired position and retighten the screws.



fig. 5

Mounting the armpit support (accessory)

Remove the plastic plugs from the frame of the armrests. Now slide the metal adapter through the provided holes as far as it will go (fig. 6) and lock the adapter with the screws supplied. Push the left / right tube of the armpit support through the adapter with the pad facing upwards (fig. 7).



fig. 6

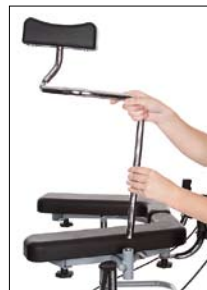


fig. 7

Correct height adjustment of the armpit support (accessory)

After having adjusted the armrests correctly, the armpit supports have to be adjusted. The padded top of the armpit support has to be high enough to provide good support for the user of the walker. In order to do this, the user has to stand up straight and relaxed. Unlock the clamping lever (fig. 8) and adjust the height until the supports are located in the armpits.



Tip:

The required basic height is reached by adjusting the height of the armrest. The fine adjustment is then be made by adjusting the height of the armpit support.

Attention:

After setting the height, tighten back up the clamping lever! Use at most 10 Nm (hand-tight) for tightening, otherwise damaging could happen! Pay attention to the maximum possible extension position (marked on the pipes)!



fig. 8

Technical data

carrying capacity:150 kg / 330 lb
max. height adjustment of the armrests:90 - 130 cm / 35 - 51"
max. rear width adjustment of the armrests: ..40 - 53 cm / 16 - 21"
width:71 cm (up to max. 77 cm) / 28" (up to max. 30")
overall length:90 cm / 35"
max. turning radius:120 cm / 42"

Certified according to DIN EN ISO 11199-3:2005

Serial number: The coding is consecutively numbered and deposited by the manufacturer. The serial number infers to month and year of production.


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