

Fitting and Instructions for use – continued;

Assistance while walking

Assistance should only be provided based on a risk assessment, ie which side to support from and how many carers are required

1 - Adopt a stable base with feet slightly apart and your outer foot ahead, ready to step with the person.
2 - Grasp the appropriate handle on the belt, with one hand. DO NOT put your whole hand through the loop. Support with the other hand, either at the person's shoulder or a palm to palm hold.

- If a client trips or falls during walking, you must be able to let go of the belt, and not get involved in the fall as this may result in injury to both parties
- DO NOT link thumbs
- DO NOT use the belt to hold a person up
- If you find you are supporting a load of more than 10kg assist the client to a safe sitting position as quickly as possible.

3 - To initiate walking, keep as close to the client as necessary, usually slightly behind, with your hip close to or touching the client's pelvis, as you walk forward. It is advisable to give clear instructions to the client throughout the walking operation.

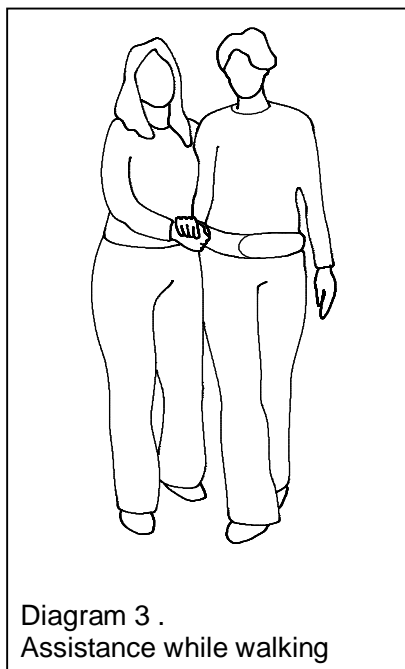


Diagram 3 .
Assistance while walking

IMPORTANT

For information on how to obtain the User Instructions in other languages and formats for use by people with visual, reading or cognitive impairments, please contact: info@nrs-uk.co.uk or telephone 0845 120 4522. Additional copies of this user instruction, together with details of our wide range of aids for daily living, are available on our website: www.nrs-uk.co.uk.

NRS Healthcare Sherwood House, Cartwright Way, Forest Business Park, Bardon Hill, Coalville, Leicestershire. LE67 1UB.

Tel:0845 120 4522 Fax: 0845 121 8112
Email: customerservice@nrs-uk.co.uk



Important Safety Information

- **Please ensure these instructions are fully read and implemented. Failure to do so may result in injury to the Client or Carer.**
- **Retain these instructions in a safe place for future reference.**
- **Persons using this Handling Belt should have received appropriate training or instruction.**
- **Transfers should only be attempted following a comprehensive risk assessment and should be performed in accordance with local Moving & Handling Guidelines and the current edition of the Guide to The Handling of People (hop)**
- **The Client must be able to provide the majority of standing effort**
- **Do Not use the Handling Belt to lift a client**

Intended Use

NRS Handling belts are intended to be used to help stabilise a client on standing and to assist walking without the need to grip his/her body.

User Instructions NRS Handling Belts

Code	Size	Waist Size
L98462	Paediatric	410-740mm (16-29")
L98474	Small	510-790mm (20-31")
L98486	Medium	787-1120mm (31-44")
L98498	Large	1092-1422mm (43-56")
M09496	*MAXI	610-1140mm (24-45")
M09502	*MINI	510-1140mm (20-45")

They can be beneficial to extend the carers reach especially in confined spaces. They can be used by a single, or two carers if required. Handling belts should not be used as a lifting device. The Standard belt is available in four sizes as shown in the table above. The *Mini and *Maxi offer narrower and wider belt options.

Cleaning Instructions:

- Machine wash warm at 70°C for 30 minutes
- Do not use bleach, biological detergents or detergents containing bleach.
- Do not spot clean with strong chemicals
- Do not iron.
- Do not dry clean
- Do not tumble dry.
- Air dry at very low temperatures.

STRAPPING INSPECTION

Inspection Information

The following notes are a guide to the recommended inspection procedures for Handling Belts.

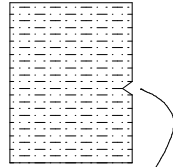
If carried out thoroughly, at regular intervals, use of the handling belt can be carried out with confidence, and the risk of injury due to product failure is significantly reduced.

Before use visually inspect the belt for structural integrity. If there are any signs of damaged, frayed fabric or poor/damaged stitching do not use.

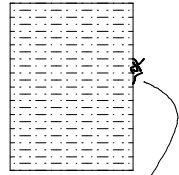
If you are unsure, do not use. Withdraw from service immediately. The product should then be either discarded, or clearly labelled: Not for use and assessed at the earliest opportunity by a competent individual.

Handling Belt Inspection procedure;

- Open the belt out fully on a flat surface.
- Check all retaining straps and handles for cuts, nicks or degradation of any kind.
- Carefully check all stitching.
- Check the material near to any attachment/stitching points.
- Pay particular attention to the areas of high stress.
- Checks should be carried out to both sides of the belt in the same manner.
- Discolouration may also indicate fabric degradation.



A visible nick . even of only 1mm SHOULD BE DEEMED UNSAFE



A few loose strands are ACCEPTABLE

Fitting and Instructions for use:

- The NRS Handling Belt is designed to be used by either one or two carers, depending on the clients needs.
- Transfers should only be attempted following a comprehensive risk assessment
- Carer/carers must be trained in its use before commencing any assistance to the client
- The client must be able to provide the majority of standing/walking effort. This belt is an aid to control and stabilise movement . It is not to be used as a lifting device.

Assistance Sitting to Standing

1 - Fit the belt round the clients lower back and bring the adjustable strap round the waist of the client and secure to the quick release buckle.

The length of the strap can be adjusted by pulling the loose end of the strap. Ensure the belt is fitting comfortably but firmly around the client.

2 - Assist the client to shuffle forward in the chair, using an appropriate method.

3 - Assist the client into a nose over toes position, with both feet firmly on the floor, one slightly in front of the other.

4 - Stand beside the client, (Single carer, choose the clients weaker side) face in the direction of movement.

5 - Adopt a stable base with feet slightly apart and the outer foot ahead. Flex knees and hips to lower your position. Grasp the appropriate handle on the belt, with one hand. DO NOT put your whole hand through the loop. Support with the other hand, either at the persons shoulder or a palm to palm hold, keep your trunk as straight and vertical as possible.

6 - If the chair has arms, encourage the client to push themselves up from the arms. If the chair does not have arms, and there is no risk of discomfort for the client, have them push off from their knees and thighs. Note the type of chair used by the client should be considered as part of the risk assessment, before they sit.

7 . Give Clear instruction such as ready, steady, stand+ A gentle rocking motion can be used as the ready, steady instruction is given

8 . On the instruction stand, both move together in the direction of movement, first forward and then upwards.

9 . Transfer your body weight from your back foot to the front, or step forward with your back foot

10 . Stabilise the move before proceeding into a walk, if the client is unsteady, ask him/her to sit down

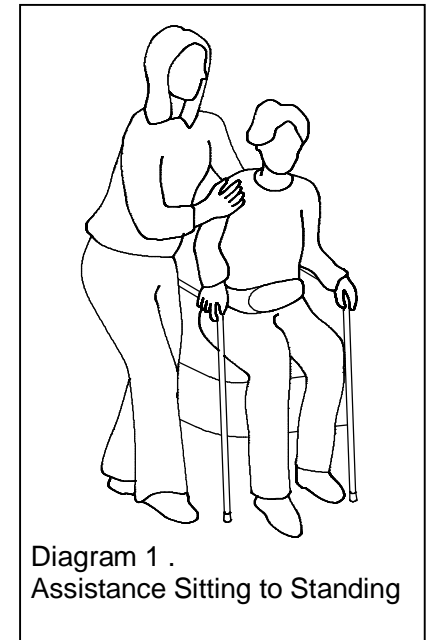


Diagram 1 .
Assistance Sitting to Standing



Diagram 2 .
Holding the Belt