

# **USER INSTRUCTIONS** 2 IN 1 ROLLATOR & TRANSIT CHAIR

M58203

2 in 1 Rollator & Transit Chair



⚠ General Safety Warning ⚠

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

# **Maximum User Weight**



### **INTENDED USE**

To provide support and assistance to those unable to, or who lack the confidence to, walk without some level of support. In addition, should the user become tired, the rollator may be easily converted to allow use as a short distance transit chair. This Rollator is intended for indoor and outdoor use.



#### **SAFETY**

Warning: The maximum user weight must not be more than 127 kg (20 st).

Do not use the rollator on stairs or escalators and take care on steep hills. Only use as a walking aid in the forward direction.

Do not hang items from the handles as this will affect the stability of the rollator.

Make sure the rollator is locked in the open position before use.

Do not adjust the rollator while in use.

Make sure the brakes are fully operational.

Do not sit on the seat without locking the brakes first.

Do not use the seat without the backrest in place.

Loads should only be transported using the bag supplied (maximum load 5 kg).

Only use the supplied accessories.

Handle Height Range: 805 - 910 mm

#### UNPACKING 3.

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

# PRODUCT DESCRIPTION



- 1. Push Handle
- 2. Backrest
- 3. Handle Height Adjustment Knob
- 4. Push Handle Location Socket
- 5. Under Seat Bag
- 6. Folding Frame Lock
- 7. Flip-up Footrest
- 8. Location of Product Identification
- 9. Lap-Belt (stored in bag)
- 10.Flip-up Seat
- 11. Brake Loop
- 12. Handlebar (Hand Grip)

# **ASSEMBLY**

### 5.1 Unfold the Rollator

Open the rollator frame, then push down on the seat (10) until all four wheels are extended and the folding frame lock (6) has locked into place

Make sure that all four wheels make contact with the floor and the rollator is stable in the open position.

# 5.2 Attaching the Handles



Insert the handles and line up the holes.

**Note:** The handle height must be set up correctly for the user height. Refer to Section 5.5.



Insert 1 x bolt, making sure the bolt head slots into the hexagonal recess.

**Note**: The hand-wheel must always be on the outside of the rollator frame.

Attach the washer and hand-wheel, then tighten fully by turning clockwise.

Repeat for the opposite side.

**Note**: Make sure both handles have been set to the same height.

# 5.3 Fitting the Backrest



Position the backrest (2) bar so that the push handle is facing away from the seat, then insert into the push handle location sockets (4) and secure using the 2 x hand-wheels provided.

# 5.4 Fitting the Handlebars

Insert the handlebars (12) into the frame tubes and adjust to the correct height for the user (refer to Section 5.5).

# 5.5 Handle Height Adjustment

Adjust the rollator handle height so that when the user's arm is down to their side, the hand-grip is at wrist height. This will ensure the arms are at an approximate 20°-30° bend when using the rollator.



Check that the holes in the handle bars and the frame are aligned.

Place the supplied bolt through the aligned holes in the handlebar and frame. The holes in the frame are hexagonal in shape to accommodate the head of the bolt.

Place the washer over the bolt and then secure with the hand-wheel. Hand-tighten firmly, but do not over tighten.

Repeat for the opposite handle.

Note: Set both handles to the same height.

Note:

If the brakes fail to operate properly, adjust them in accordance with Section 6.3 before use.

#### 5.6 Before Use

Make sure all nuts, bolts, hand-wheels and screws are tightly fastened.

Check all wheels are in good working order and roll freely.

#### **5.6.1** Check the Brakes

Warning: You must test the brakes before use.

Test the brake operation in accordance with Section 6.2.

**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

#### 6. IN USE

#### 6.1 Opening and Folding the Rollator

# **Opening the Rollator**

Unfold the rollator in accordance with Section 5.1.

# Folding the Rollator

**Note:** Make sure all items have been removed from the under seat bag (5) before folding.

Lift the seat and pull up on the strap until the rollator closes.

# 6.2 Brake Operation



To slow down or stop the rollator, pull both brake handles up.



To apply the parking brake, push the brake handles down until they lock into place.

**Note:** Make sure both brake handles have been applied.

Pull both handles up to release the parking brakes.

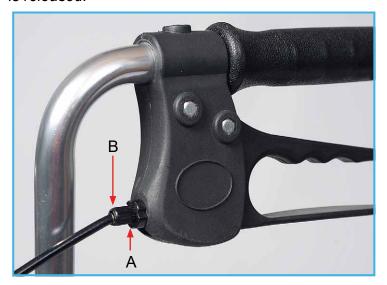
**Warning:** If the brakes fail to stop or lock the wheels, stop using the rollator immediately. Do not use the rollator again until the brakes have been checked and correctly adjusted. Refer to Section 6.3.

# 6.3 Brake Adjustment

**Warning:** The following section requires some technical ability, do not attempt to carry out the adjustment unless you are confident to do so. Incorrectly adjusted brakes can lead to injury, please contact your supplier if you require assistance.

**Note:** There are two brake adjusters on each side of the rollator, one in front of the brake handle and the second is positioned in the middle of the brake cable.

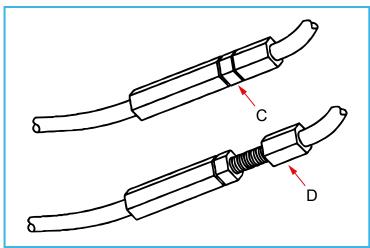
**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.



# 6.3.1 Tighten the Brakes

To adjust the brake cable loosen the lock nut (A) on the end of the brake lever, turn the adjuster (B) anticlockwise to tighten, then re-tighten the lock-nut.

**Note:** If you run out of adjustment at the brake lever, you can adjust the brakes using the mid cable adjuster.



To adjust the brakes using the mid-cable adjustor, loosen lock nut (C), then turn the adjuster (D) anti-clockwise to tighten the brake, then re-tighten the lock-nut.

Test the brakes in accordance with Section 6.2.

**Note:** After adjusting the brakes, test them before using the rollator.

**Note:** If adjustment does not tighten the brakes, do not use the rollator. Contact your dealer or NRS Customer services in the details below.

#### 6.4 Conversion to a Transit Chair

**Note:** When used as a transit chair, the backrest becomes the push-handle.

Make sure the push handle (backrest) is correctly located and fully secure in accordance with Section 5.3.

Make sure the brakes have been applied in accordance with Section 6.2.



Make sure the foot-rests have been flipped up before sitting the user.

Sit the user in the chair, then flip the foot-rests down to support the users feet.

Fit the lap-belt and adjust for a comfortable fit.

**Warning:** Always use the lap-belt when using the rollator as a transit chair.

**Warning:** Do not stand on the foot-rests.

#### 7. MAINTENANCE

Check both hand-wheels are secure.

Check all wheels can rotate freely.

Regularly check for wear and damage. Any suspected faults or damage should be reported immediately to your supplier and the product taken out of use.

Check brakes regularly in accordance with Section 6.2 before use.

#### 8. CLEANING

Make sure that all dirt and debris is removed from around the wheels, axle and brakes.

To clean the bag wipe with a damp cloth. Do not machine wash.

Clean the frame regularly, using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.

Always allow the product to dry thoroughly prior to use or storage.

#### 9. PRODUCT DISPOSAL

This product must be thoroughly cleaned/sterilised prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

#### 10. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.

This guarantee covers domestic use only. If the product is used in commercial or semi-commercial settings such as care homes, schools, rental or communal accommodation etc, the guarantee is valid for one year only. Consumable parts are also guaranteed for one year only.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

If you have any problems with our products, please contact us at the address below.

If you have experienced an injury, contact us but feel free to contact the Medicines and Healthcare products Regulatory Agency at:

devices.regulatory@mhra.gov.uk



Tel: Customer Services: +44 (0)345 121 8111



Email: customerservice@nrshealthcare.co.uk

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Please visit one of our websites to view our full range of products:

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