

Exclusive to NRS, this slide sheet multipack includes 3 popular sizes of slide sheet each easily identified by its own bright primary colour. These slide sheets are made from an ultra slippy material and allow healthcare professionals and carers to position and transfer patients with ease. Washable to 74 degrees, the sheets can be drip dried or tumble dried on a low temperature.

# MULTI MOVER SLIDE SHEET PACK 1

P23464 – Multi-Mover Slide Sheet Pack 1 P23403 (Green), P23427 (Turquoise), P23439 (Yellow) + Carry Bag

# Why choose this pack?

This pack is ideal for training and/or assessments and has a carry handle as well as an over the shoulder strap. It provides the basic slide sheets needed for assessing a person's needs, or for training staff. Use the sheets individually or in combination, as they are great for individuals or those who need help with positioning.





## **Benefits and Features**

Excellent sliding capability.
Extrememly versatile and flexible.
Reduces/removes the effects of friction on the skin.



### Uses

Repositioning up and down beds. Repositioning up and down on trolleys. Turning patients from one surface to another. Sitting up.



#### Used by:

All areas of healthcare involved in repositioning people including:
The patient/client unassisted
The patient/client assisted
Paramedic/Emergency Services
Community-based staff

General Ward staff Nursing and Residential Home staff Theatres and Radiology Disabled Units

# Pack Includes:

The small sheet - Light Green (570mm x 580mm) is suitable for heels.

The standard sheet - Turquoise (700mm x 1200mm) will cover the main torso for bottom rotation.

The long sheet – Yellow (700mm x 1500mm) will encompass the body of most people and enable up/down positioning, as well as transferring and turning. Carry Bag with handle and shoulder strap.

## **Good Practice Points:**

- Make sure that the brakes are on the bed/trolley before commencing a movement.
- Make sure that the sheet is inserted correctly and that the inner slippy surface is inside (not outside).
- Insert the sheets by either:
  - a.) 'log-rolling' the patient/client to one side (or topto bottom) b.) unrolling directly beneath the patient.
- Wherever possible, ask/help the patient/client to help themselves.
- Removal is best achieved by turning the outermost corners in on themselves and peeling the sheet out using a wriggling, alternate-arm action. This effectively 'peels' the sheet out without creating any shearing effects

# Washing/Cleaning Instruction:

Washable models can be washed at 74°C. - Drip dry or tumble dry on a low/medium heat. - Can be autoclaved. - Do not iron. - Do not use in chlorine bleach.

