

Press 'H', 'M' and start/stop buttons at the same time to show the time.

Clock Set

1. The clock has to be reset after replacing the alarm.
2. Press 'H' button for desired hour and 'M' button for desired minute. Press Start/Stop button to complete time setting.

Timer Alarm (Countdown Set) - The timer can be programmed to countdown to your next pill is due.

1. Press 'H' and 'M' button at the same time to reset the timer to zero
2. Press 'H' button for desired number of hours and 'M' button for desired number of minute. Press Start/Stop button to commence countdown.
3. Press any key to cancel alarm

Stopwatch Set - The timer can also be used as a stopwatch and will record time up to 19 hours and 59 minutes.

1. Press the 'H' and 'M' button at the same time to reset timer to zero.
2. Press the Start/Stop button to commence stopwatch timer.

[ITEM NO: 303]



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Replacement Of Battery

Remove the old battery and insert a new 1.5V LR44 button cell battery (make sure '+' side of battery is facing out towards you) then replace the battery cover. The display will read 18.88 and the alarm will sound for two seconds then will change to 0:00. You can then set the time as on side of box

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