



Leaders In Innovation And Design  
For All Your Patient Handling Needs

# WASHABLE TUBULAR SLIDE SHEET

From The UK's Leading Manufacturer  
of Patient Handling Equipment



## USER INSTRUCTIONS

All your repositioning needs with ease: up, down,  
turning, swivelling and transfers



# Instructions



# 1

Insert your slide sheet by following any of the methods in 'Good Practice Points' or the method you have been trained in.

Please remember: a slide sheet that covers the whole body for dependent patients makes handling easy.

**To move a patient up the bed.** Carers face the bottom of the bed and grasp the top sheet at the hip and shoulder areas (as shown). Then the carers slide the top surface over the bottom surface in the direction of the headboard and the patient will slide up the bed.

NB: Carers – keep your hands gliding on the mattress, do not lift.

# 2



# 3

**To move a patient down the bed.** Carers face the head of the bed and grasp the top sheet at the hip and shoulder areas (as shown). Then the carers slide the top surface over the bottom surface in the direction of the feet and the patient will slide down the bed.

NB: Carers – keep your hands gliding on the mattress, do not lift.

**To turn a patient.** (a) Carers face each other, agree which way they are turning the patient and then position the patient for turning. The carer to whom the patient will be turned, supports the patient as shown, helping to keep the patient in the centre of the bed. The carer who is turning the patient away from them, gathers the top layer of the slide sheet close to the hips and shoulders, and gently pulls the slide sheet towards them, keeping the slide sheet level, not pulling up.

# 4



**To turn a patient.** The patient will then turn on their own axis and be positioned safely and centrally in the bed.

NB: Carers – keep your hands gliding on the mattress, do not lift.

# 4



**Removing the slide sheet.** Once the patient has been repositioned the slide sheets must always be removed unless clinical advice for the person in question overrides this.

**To remove.** Follow the method in 'Good Practice Points' or the method you have been trained in. They will remove easily.

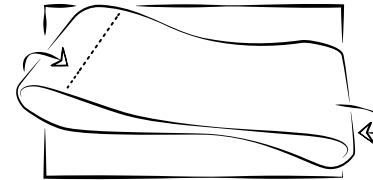
# 5



## Good Practice Points

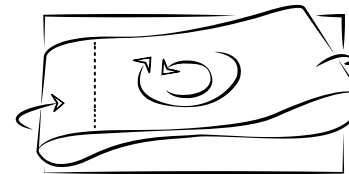
1. Make sure that the brakes are on the bed/trolley before commencing a movement.
2. Insert the sheets by either:
  - a) 'log-rolling' the patient/client to one side (or top to bottom)
  - b) unrolling directly beneath the patient.
3. Wherever possible, ask/help the patient/client to help themselves.
4. Remove the sheet by inserting your hand between both layers of the roller slide sheet and invert by withdrawing the furthest bottom edge through the middle of the sheet. This effectively 'peels' the sheet out without creating any shearing effects.
5. Make sure the sheet is large enough for the patient concerned and, for the best effect and patient /staff safety, covers head to feet.

## Tubular Slide Sheet Design Explained



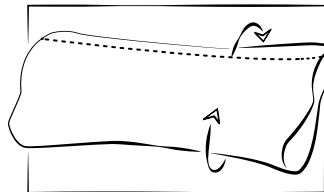
### Short seam sewn (GS)

Moving patients up and down beds and/or trolleys



### Short seam sewn (GS)

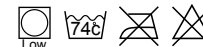
Rotating patients in a sitting position



### Long seam sewn (TGS)

Turning configuration (TGS) for easy turning of patients

Wash at 40°C-74°C.  
Tumble dry on low heat  
Iron on low heat  
Do not use bleach  
Do not use fabric conditioner



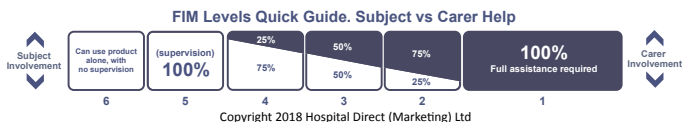
## Assessment Guides

At Hospital Direct we understand that not everyone is familiar with all equipment so to help therapists and healthcare professionals in assessing a product's suitability for a client, we have included two assessment tools, Functional Independence Measure (FIM) and Easy Guide Symbols. These will enable the Healthcare professional to assess their client and decide whether or not a product will help the person based on their level of dependence and functional ability.

## Functional Independence Measure (FIM) Assessment

Our FIM assessment guide for each product will help you decide the suitability of this product for the person's ability and need.

Based on the standard criteria from Level 6 where the person can use the product unaided and unsupervised to Level 1 where all the assistance is provided by the carer and the client can do nothing, this guide is easy, quick and simple to use to check suitability against ability and circumstance.



## Additional Guide Symbols

We use four symbols throughout our catalogue to indicate where a product is suitable and safe for the person to use unassisted, with a single carer or with multiple carers. These symbols indicate the minimum recommendation.



Person Unassisted



Single Carer



Two Carers



Four Carers

**Hospital Direct** are a Shropshire based UK manufacturer and supplier of a wide range of Patient Handling Products. With over 20 years experience in the field of patient handling, Hospital Direct is the UK's leading manufacturer and supplier of this type of equipment in the UK – with probably the widest range of any supplier in Europe.

**Packaging:** To reduce wastage we use recyclable cardboard boxes. If you require different packaging, please call us to discuss.

**Disposal:** Dispose of in the normal way in accordance with your organisational procedures. If they have been used on highly infected patients please dispose of as such.



## Contact Our Sales Team

Our customer service and sales team are always available to answer any questions you may have. Please call or email us and we will endeavour to answer as soon as possible.

## Visit our website / Get a Quote

[www.hospitaldirect.co.uk](http://www.hospitaldirect.co.uk)

## Email

**For sales orders:** [sales@hdigroup.co.uk](mailto:sales@hdigroup.co.uk)

**For information:** [info@hdigroup.co.uk](mailto:info@hdigroup.co.uk)

## Phone

+44 (0)1588 640144

## Address

Hospital Direct (Marketing) Ltd  
Units 3 & 4, The Green  
Clun, Shropshire SY7 8LG



ACS logos are applicable to the company management systems only and not the product.