

HeelPro Fitting & Use Instructions



To help prevent and treat pressure ulcers on the heel

Step 1



Remove both wide stretch panels. Turn HeelPro inside out, so that the grey side is facing outwards. Place HeelPro onto the bed with the longest side next to the patient's leg.

Step 2



Place the leg on top of the HeelPro, positioning the heel over the opening.

Step 3



Pull the sides of the HeelPro up and around the foot and leg. Please ensure the washing instructions tab sits under the foot.

Step 4



Attach one side of the stretch panel to the boot on the outer side of the shin, gently stretch over the shin and secure to the boot using the touch-and-close fastening strap.

Step 5



Using the second stretch panel, attach the touch-and-close fastening to the outer side of the toes. Gently stretch over the toes and fix it in place using the touch-and-close fastening strap.

Step 6



Optional Stability Wedge:
To resist external rotation of the leg: with the patient supine on the bed and in neutral alignment, attach the Stability Wedge to the lateral side of the HeelPro so that it contacts with the HeelPro and the bed.

To resist internal rotation of the leg: attach to the medial side of the HeelPro.

Indications For Use

- Treatment and prevention of heel pressure ulcer
- To reduce pressure, friction and shear forces on the heels
- To separate and protect the ankle
- Improve resting foot and ankle alignment
- Maintain heel suspension

Washing & Care

- Hand wash and air dry
- Do not bleach
- May be cleaned with a damp cloth/sponge or 'hospital grade' disinfectant wipe

Ordering Information

Description	Qty	Product Code	NHSC Code
HeelPro	1	HPRO/U	FES11293
HeelPro	10	HPRO/U10	GAA123
Stability Wedge	1	HPRO-SW/U1	GRA5182
Stability Wedge	10	HPRO-SW/U10	GRA5183
Replacement Lycra Panel	10	HPRO/RLP	GRA1663

HeelPro is for single patient use.

Contact

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Scan our QR Codes
For fitting videos



HeelPro



Stability Wedge

