

## User Instructions – Fiddle Muff Apron



Fiddle Muff Apron is a therapeutic aid that can provide comfort and activity. Fiddle Muff Apron was inspired by observations and interactions with people living with dementia, and the insights of family and professional carers.

People living with later stage dementia may experience restlessness and agitation. Sensory objects such as blankets and handheld toys that can be played with have been found to be helpful. These may provide comfort, relaxation, simple repetitive activity and an opportunity for communication and reminiscence.

Who is Fiddle Muff Apron suitable for? Fiddle Muff Apron can be enjoyed by anyone, but it was specifically designed for people who live with dementia. Fiddle Muff Apron is suitable for someone with dementia who can enjoy and be comforted by material objects, or someone who can be encouraged to touch or handle soft textile objects.

- Ensure an assessment has been carried out of the user, the Fiddle Muff Apron and any objects to be used with the Fiddle Muff Apron.
- Ensure any guidance is regularly reviewed and shared with others. Consider the Fiddle Muff Apron in the context of a communal setting and any risks associated.
- The level of supervision should always be determined by a carer's assessment of risk in accordance with the person's capabilities.
- If the person rejects the Fiddle Muff Apron in anyway then discontinue use. You could use your knowledge of the person's needs to determine if it could be re-introduced at another time.
- If the user wants to place the Fiddle Muff Apron or objects in their mouth then discontinue use.
- This Fiddle Muff Apron is not intended to be sat on or used as a pillow.

- If the user has any intolerance or adverse reaction to any of the fabrics used in the Fiddle Muff Apron then you should discontinue use.
- If attaching objects to the Fiddle Muff Apron, consider what is safe for the individual, avoid objects that pose a risk of causing harm and ensure they are securely attached to the Fiddle Muff Apron. Also avoid attaching valuable objects
- The Fiddle Muff Apron should never be placed over a person's head or face as there is a risk of suffocation.
- If the Fiddle Muff Apron is damaged, do not use. Inspect the Fiddle Muff Apron regularly for any wear and tear or any hygiene issues.
- Do not put or use the Fiddle Muff Apron near any naked flames as the Fiddle Muff Apron could catch fire.



Leave to dry naturally.

Wash all items at 30°C to minimise shrinkage.

It is advisable that you wash colours separately when washing for the first time.



Do not iron



Do not tumble dry



Wash at 30°C