

# USER INSTRUCTIONS

## ATLAS ADVANCE

P11437

Atlas Advance Transfer Aid

### ⚠ General Safety Warning ⚠

**Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.**

### Maximum User Weight



## 1. INTENDED USE

The transfer aid is designed to provide assistance when rising from and lowering into a seated position. It can also be used indoors to complete short distance transfers and to ease manoeuvring of users in confined spaces.

The user must be able to support their own weight and maintain balance for prolonged periods of time. They must also be able to grasp the handles and understand basic instructions.



- Only use on level surfaces and take care over door thresholds. Do not use on deep pile carpets.
- Always plan the route to avoid obstacles prior to use. The carer must have visibility around the user when transporting.
- The carer must act as a counterbalance when the user is rising and lowering. Ensure the carer's body weight is sufficient to counterbalance the user's body weight.
- The brakes must be on at all times unless it is being used to make a user transfer.
- Check the user's feet are centrally located on the platform.
- NRS recommend the user wears the optional safety belt or safety strap at all times during transfers.
- Do not leave the user unattended when using the product.
- Not to be left in an area with unsupervised children present.

## 2. SAFETY

**Warning:** The maximum user weight must not be more than 155Kg (24st).

- Always perform a risk assessment prior to use, including safe moving distance.
- Do not use the product outdoors. Do not use in shower or bathing rooms unless transferring from the toilet.

## 3. UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

The product is packaged in three parts; the handle, with knee pads attached, the standing platform and two hand-wheels.

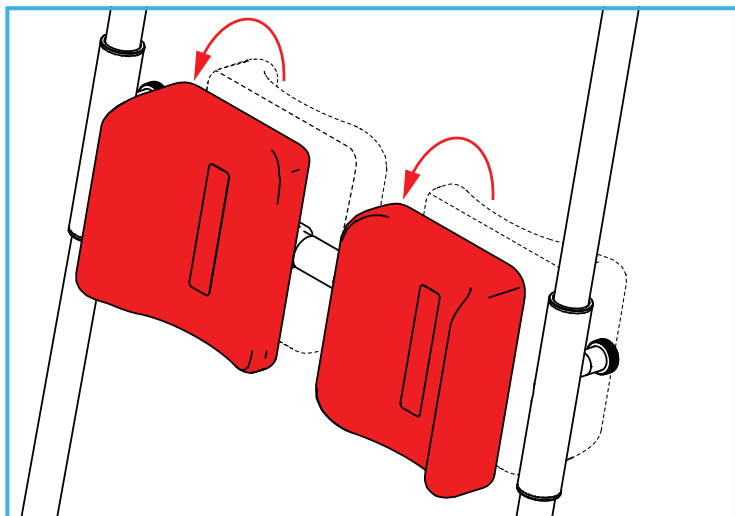
Contents:

1. Handle Assembly (with knee-pads) x 1
2. Base Assembly x 1
3. Hand-wheel x 2

## 4. ASSEMBLY/INSTALLATION

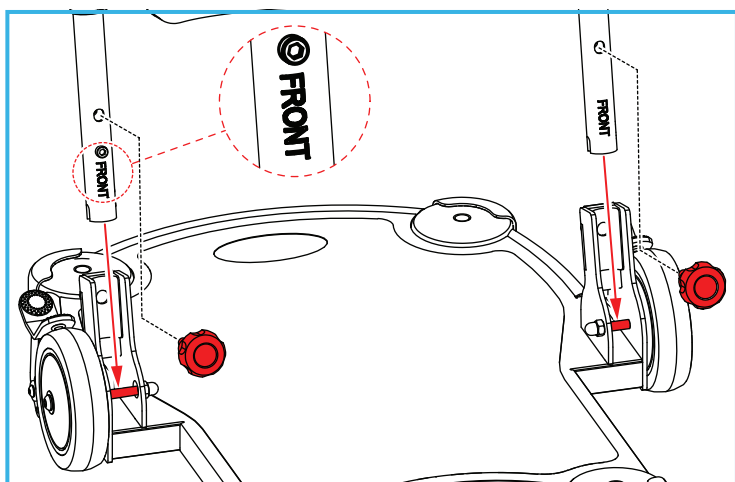
### 4.1 Rotate the Knee Pads:

**Note:** The knee pads must be rotated by 180 degrees before use.

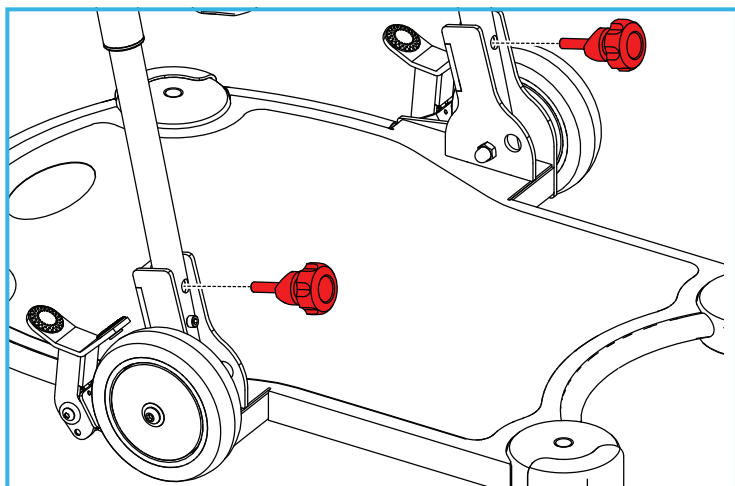


1. Push the knee pad to rotate around the crossbar, so that they are facing the front.

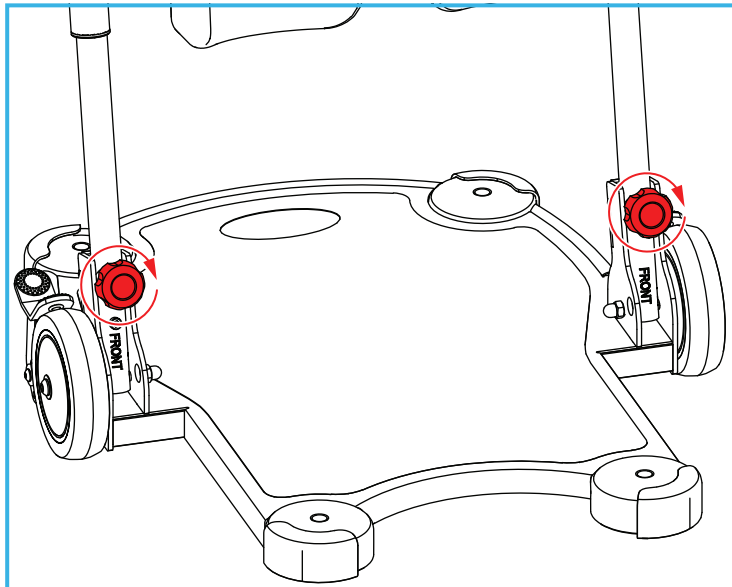
### 4.2 Attach the Handle to the Platform:



1. Position the handle over the standing platform making sure the 'FRONT' label on the handle assembly is facing the user side.
2. Slot the handle ends onto the metal pins on both sides.



3. Insert the 2 x hand-wheels and saddle washers.



4. Tighten the hand-wheels by turning in a clockwise direction.

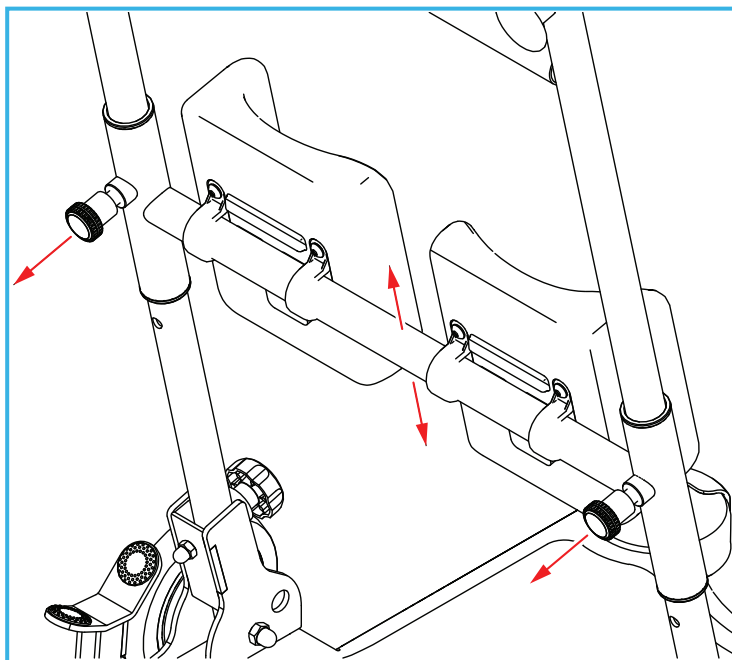
**Note:** The hand-wheels will not tighten if the handle has been inserted the wrong way around (refer to Step 1).

5. With one foot on the platform, rock the handle to check it is fully tight.
6. Re-tighten the hand-wheels if necessary.

**Note:** Check the handle and hand-wheel tension before each use.

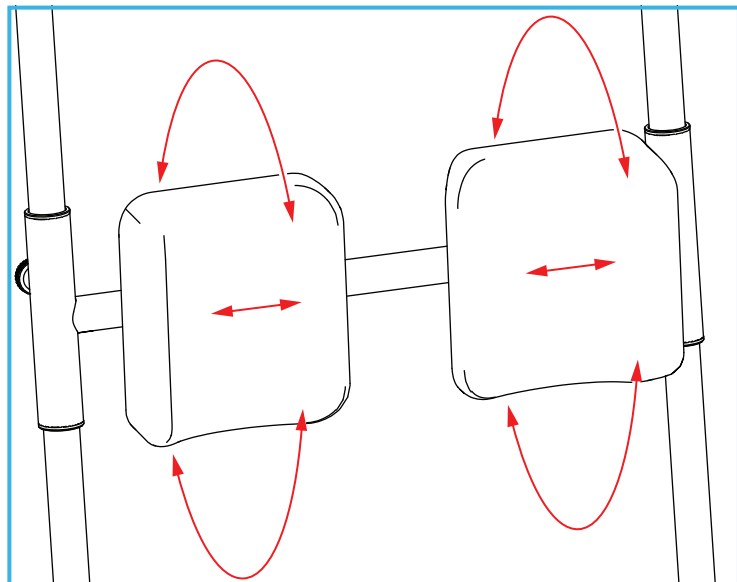
### 4.3 Adjust the Knee Pad Height:

**Note:** The top of the knee pads should sit just below the users knees.



1. Pull the two plungers to release the knee pad bracket.
2. Slide the knee pad bracket up or down the handle frame to the required height.
3. Release the two plungers and move the bracket until it locks into position.

#### 4.4 To adjust the horizontal and angular position of the knee pads:



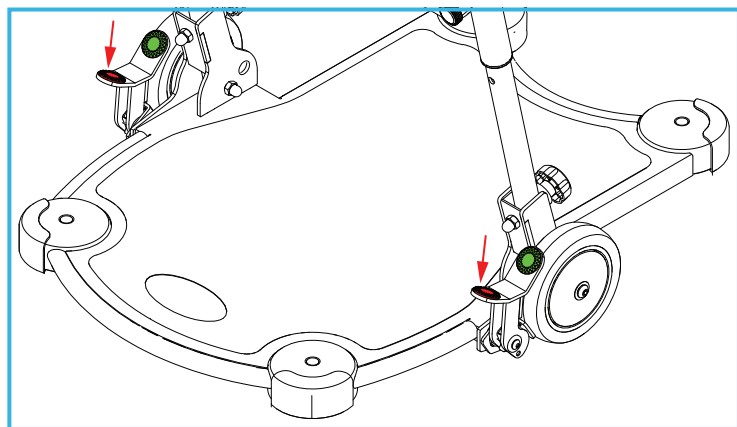
1. Slide the pads left and right along the crossbar.
2. Push the knee pad to rotate around the crossbar.

### 5. USE

#### 5.1 Operating the Brakes

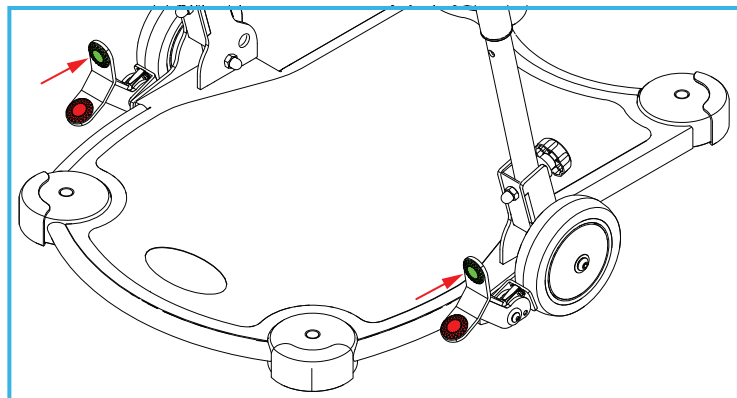
**Note:** The brake levers are linked, only one side needs to be pressed.

##### 5.1.1 Locking the Brakes



1. Push down firmly on the red section of the brake lever on either side.

##### 5.1.2 Releasing the Brakes



1. Unlock the brakes by pushing forward on the green section of the brake lever on either side.

#### 5.2 Using the Transfer Aid to rise to a standing position:



1. Position the transfer aid at the feet of the seated user. Allow the user to place their feet on the platform.



2. Slide the transfer aid forward until the knee pads touch the users shins.



3. Position the knee supports so the top of the pads sit just below the users knees. Refer to Section 4.3 for the adjustment of the knee pad bracket.
4. Lock the brakes (refer to Section 5.1.1).





5. Stand behind the aid, facing the user, with one foot on the platform to counterbalance the user and hold the handles with both hands.
6. The user should then grasp the lower horizontal bar.



7. The user should use the horizontal bars to progressively raise themselves to a standing position.

**Note:** Make sure the user takes care to avoid bumping their head against the handle.



8. Once the user is standing, check they are comfortable and that their weight is centred over the platform.

### 5.3 Using the Transfer Aid to transfer a user over short distances:

1. Unlock the brakes (refer to Section 5.1.2).



2. Before moving the user make sure they are holding the handle with both hands and standing upright with their weight centred over the platform.
3. You must take care when pulling the transfer aid backwards as there is a risk of hitting unseen obstacles.
4. Ideally move the user to the required position by pushing the transfer aid in the forward direction as this enables the carer to see the route ahead.
5. When the new destination is reached lock the brakes (refer to Section 5.1.1).

### 5.4 Using the Transfer Aid to lower to a seated position:



1. Position the user in front of the seat.

**Note:** The user should be able to feel the edge of the seat etc. against the back of their legs.

2. Lock the brakes (refer to Section 5.1.1).
3. Stand behind the aid, facing the user, with one foot on the platform to counterbalance the user and hold the handles with both hands.



4. The user should use the horizontal bars to progressively lower themselves to a seated position.
5. Once the user is seated, unlock the brakes (refer to Section 5.1.2).
6. Wheel the transfer aid out of the way of the seated user.

## 6. USING THE SAFETY BELT

The safety belts provide additional security to the user during transfers. They can also be used to assist in the raising and lowering of the user.

The safety belt fastens securely round the users hips and hooks onto the Transfer Aid Handle.

Please refer to the user instructions supplied with the safety belt.

P11449: Small 90cm to 105cm (35" to 41")

P11450: Medium 100cm to 120cm (39" to 47")

P11462: Large 115cm to 140cm (45" to 55")



## 7. USING THE SAFETY STRAP

The safety straps provide additional security to the user during transfers. They can also be used to assist in raising and lowering the user.

The safety strap is specifically recommended when using the product to raise or lower the user onto a toilet.

Please refer to the user instructions supplied with the safety belt.

P64090: Small / Medium

P64107: Large / Extra Large



## 8. KNEE PAD COVERS

**Note:** Optional knee pad covers are available. These fit over the knee pads and provide additional padding for users with frail skin.

P18808 : Knee Pad Covers

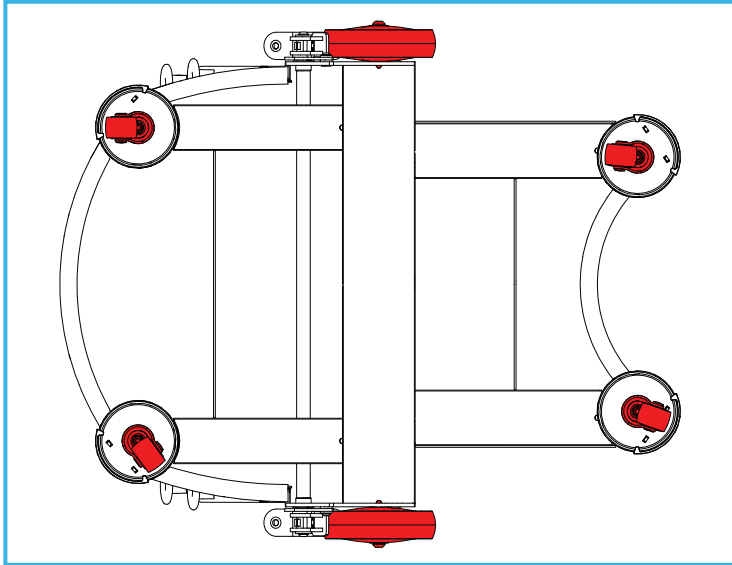


## 9. CLEANING

1. Clean regularly using a general purpose, neutral detergent and warm water.
2. Please check the suitability of the cleaning product before use. Do not use abrasive cleaners or cloths as this will permanently damage the surface and invalidate any warranty.
3. To disinfect, wipe with a dilute bleach solution and rinse thoroughly with fresh water.
4. This product is suitable for thermal decontamination and can be steam cleaned or autoclaved on cleaning cycles up to 80°C.
5. Allow product to fully dry prior to use/storage.

## 10. MAINTENANCE

1. Check the handle frame fixings are tight (refer to section 4.2).
2. Check that the brakes are operational by applying the brake lever and attempt to push the transfer aid.
3. Check the knee pad bracket slides up and down the handle smoothly and securely locks in position. Check the knee pads are securely fixed.



4. Carefully lower the transfer aid on its side.
5. Check the castors and wheels are securely fitted and are free to rotate. Remove any build-up of dirt / debris.
6. Any suspected faults or damage should be reported to the supplier immediately and the product taken out of use.
7. Store the Transfer Aid on a flat surface with the brakes locked, out of reach of children.

## 11. SPARE PARTS

**Full set of spares available to enable the product to be repaired / refurbished:**

P11539: Pair of Knee Pads

P11541: Pair of Harness Fixing Knobs

P11565: Set of Castors

P11577: Pair of Wheels

P11589: Brake Assembly

P11553: Plastic Bumpers

P11590: Handle Hand-wheels x 2

For more details please visit our website:

[www.nrshealthcare.co.uk](http://www.nrshealthcare.co.uk) or call Customer Services.

## 12. PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

## 13. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 12 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover; abuse, misuse, interference or tampering with any part of the product.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.



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