

# USER INSTRUCTIONS

## NRS 4 WHEELED ALUMINIUM ROLLATOR

P94252

NRS 4 Wheeled Aluminium Rollator

### ⚠ General Safety Warning ⚠

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

### Maximum User Weight



## 1. INTENDED USE

The NRS 4 Wheeled Rollator is designed to provide support and assistance to those unable to, or who lack the confidence to, walk without some level of support. This Rollator is intended for indoor and outdoor use.



Loads should only be transported using the bag supplied (maximum load 5kg).

Only use the supplied accessories.

Handle Height Range: 785 - 900mm

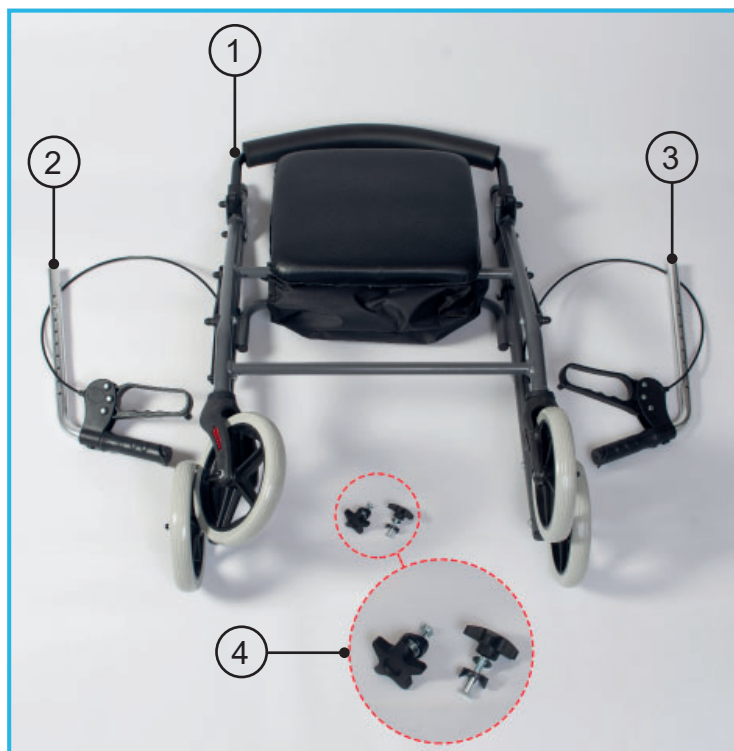
Width: 630mm

Length: 270mm - 670mm (Unfolded).

## 3. UNPACKING

Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

### Contents:



## 2. SAFETY

**Warning:** The maximum user weight must not be more than 22st (145kg).

Do not use the rollator on stairs or escalators and take care on steep hills. Only use as a walking aid in the forward direction.

Do not hang items from the handles as this will affect the stability of the rollator.

Make sure the rollator is locked in the open position before use. Do not adjust the rollator while in use.

Ensure the brakes are fully operational. Make sure the rollator is locked in the open position before use.

Do not sit on the seat without locking the brakes first.

Do not use the seat without the backrest in place.

Do not use the seat to transport people or objects.

1. 4 Wheeled Rollator
2. Right Hand Side Handle
3. Left Hand Side Handle
4. Handle Fixings (bolt, saddle-washer, washer and hand-wheel) x 2.

## 4. ASSEMBLY

### 4.1 Unfolding the Rollator:



Pull the frame outward, then lock the frame in place by pushing the crossbar down until it locks in place.

### 4.2 Attaching the Handles



Insert the handles and line up the holes.

**Note:** The handle height must be set up correctly for the user height. Refer to Section 4.3.



Insert 1 x bolt, making sure the bolt head slots into the hexagonal recess.

**Note:** The hand-wheel must always be on the outside of the rollator frame.



Attach the saddle-washer, steel washer and hand-wheel, then tighten fully by turning clock-wise. Repeat for the opposite side.

**Note:** Make sure both handles have been set to the same height.

### 4.3 Handle Height Adjustment

Adjust the Rollator handle height so that when the user's arm is down to their side, the hand-grip is at wrist height. This will ensure the arms are at an approximate 20°-30° bend when using the Rollator.



Undo and remove the hand-wheel by turning anti-clockwise.



Remove the steel washer, saddle-washer, then remove the bolt.

Adjust the handle height to the required position, then secure using the bolt, saddle washer, steel washer and hand-wheel. Refer to Section 4.2.

Repeat for the opposite handle.

**Note:** Make sure both handles have been set to the same height.

## 5. USING THE ROLLATOR

### 5.1 Brake Operation



To slow down or stop the rollator, pull both brake handles up.



To apply the parking brake, push the brake handles down until they lock into place.

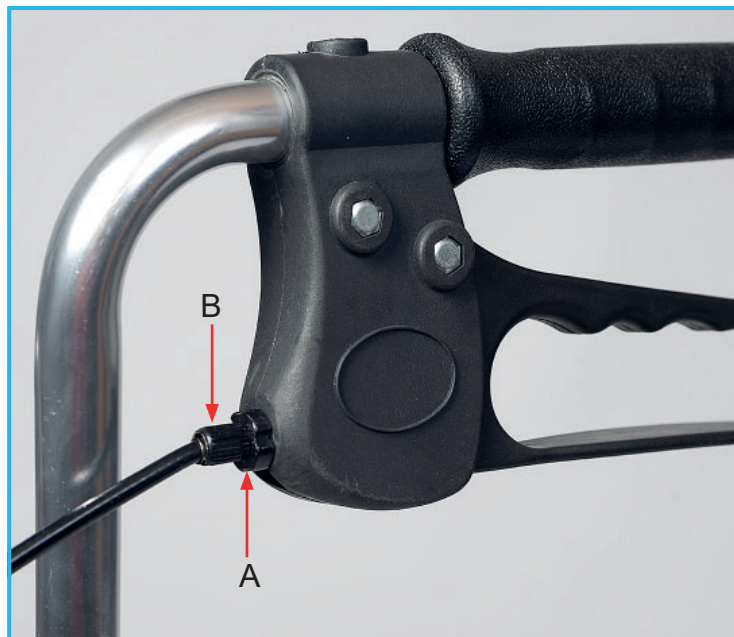
**Note:** Make sure both brake handles have been applied.

Pull both handles up to release the parking brakes.

**Warning:** If the brakes fail to stop or lock the wheels, stop using the rollator immediately. Do not use the rollator again until the brakes have been checked and correctly adjusted. Refer to Section 5.2.

### 5.2 Brake Adjustment

**Warning:** The following section requires some technical ability, do not attempt to carry out the adjustment unless you are confident to do so. Incorrectly adjusted brakes can lead to injury, please contact your supplier if you require assistance.



#### Tighten the Brakes

Loosen the lock nut (A), turn the adjuster (B) anti-clockwise, then re tighten the locknut.

**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

6. Test the brakes in accordance with Section 5.1.

### 6.1 Folding the Rollator

**Note:** Make sure all items have been removed from the bag before folding.



Pull the crossbar handle upwards to unlock the frame, then push the frame together to fold the rollator.

## 7. MAINTENANCE

Check both hand-wheels are secure..

Check all wheels can rotate freely.

Regularly check for wear and damage. Any suspected faults or damage should be reported immediately to your supplier and the product taken out of use.

Check brakes regularly in accordance with Section 5.1 before use.

## 8. CLEANING

Make sure that all dirt and debris is removed from around the wheels, axle and brakes.

To clean the bag wipe with a damp cloth. Do not machine wash.

Clean the frame regularly, using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.

Always allow the product to dry thoroughly prior to use or storage.

## 9. PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

## 10. PRODUCT GUARANTEE

NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover; abuse, misuse, interference or tampering with any part of the product.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.



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