

# USER INSTRUCTIONS

## A SERIES 4 WHEEL ROLLATOR

P11255	Rollator - Red	P11267	Rollator - Blue
P11279	Rollator - Silver	S15232	Petite Rollator - Silver
S23472	Tall Rollator - Silver		

### ⚠ General Safety Warning ⚠

Please make sure that you read and follow these instructions carefully. Keep these instructions in a safe place for future reference.

### 1. INTENDED USE

To provide support and assistance to those unable to, or who lack the confidence to, walk without some level of guidance.



### 2. KEY DIMENSIONS

Maximum Width (all models): 630 mm

**Minimum** Handle Heights:

P11255, P11267 and P11279: 830 mm

S15232: 740 mm

S23472: 880 mm

**Maximum** Handle Heights:

P11255, P11267 and P11279: 980 mm

S15232: 870 mm

S23472: 1035 mm

### Maximum User Weight



### 3. SAFETY

⚠ **Before use**, make sure that:

- The rollator is locked in the open position.
- The handles are at the same height.
- The backrest locking button is fully clicked.

⚠ **Only:**

- Use as a walking aid in the forward direction.
- Carry loads using the bag supplied (maximum load 5 kg).

⚠ **DO NOT:**

- Exceed the maximum user weight.
- Use the rollator on stairs or escalators. Take care on steep hills.
- Hang items from the handles as this may affect the stability of the rollator.
- Move or adjust the rollator when the seat is occupied.
- Sit on the seat when the rollator is on an incline.
- Sit on the seat with the brakes unlocked.
- Use the seat without the backrest in place.
- Use the seat to transport people or objects.

## 4. UNPACKING

Remove the packaging and check all parts carefully. If parts are missing or damaged contact your supplier immediately and do not try and assemble.



### 4.1 Contents:

1. Rollator main frame x 1
2. Handles x 2
3. Backrest x 1
4. Handwheels x 2

## 5. ASSEMBLY

### 5.1 Unfolding the Rollator:



Pull the frame outward, then lock the frame in place by pushing the crossbar down until it locks in place.

### 5.2 Attaching the Handles



1. Insert the handles and line up the holes.

**Note:** The handle height must be set up correctly for the user height. Refer to Section 4.3.

2. Insert 1 x hand-wheel and tighten fully by turning clockwise.
3. Repeat for the opposite side.

**Note:** Set both handles to the same height.

### 5.3 Handle Height Adjustment

See "KEY DIMENSIONS" for handle heights.

Adjust the rollator handle height so that when the user's arm is down to their side, the hand-grip is at wrist height. This will ensure the arms are at an approximate 20°-30° bend when using the Rollator.



1. Undo and remove the hand-wheel by turning anticlockwise.
2. Adjust the handle height to the required position, then re-secure using the hand-wheel. Refer to Section 5.2.
3. Repeat for the opposite handle.

**Note:** Make sure both handles have been set to the same height. The handles have markings to help.



## 5.4 Attach the backrest:

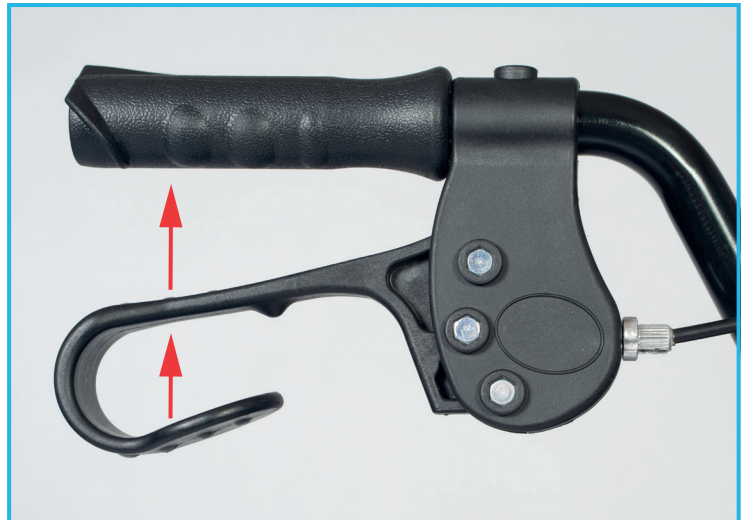


1. Press and hold the black button (A) on the backrest housing.
2. Slide the backrest tube into the housing slot.
3. Release the button to secure.

**Note:** Make sure that the locking button (B) has fully clicked into place on both sides and that the backrest is fully secure before use.

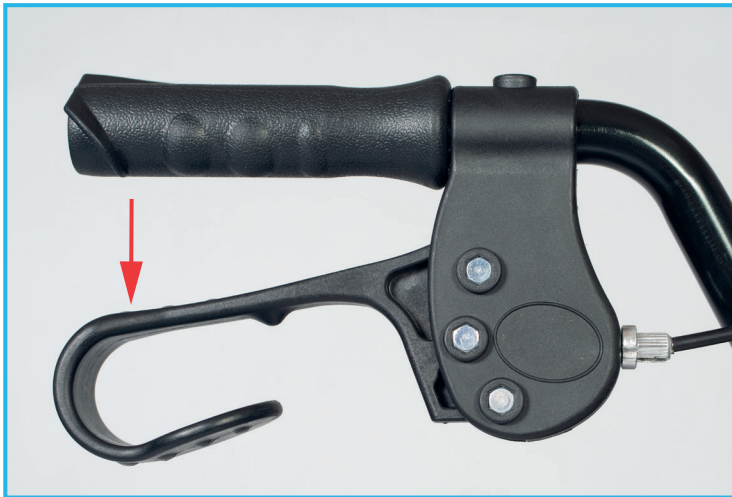
## 6. USING THE ROLLATOR

### 6.1 Applying the Brakes



To slow down or stop the rollator, pull both brake handles up.


## 6.2 Locking the Brakes




To apply the parking brake, push the brake handles down until they lock into place.

**Note:** Make sure both brake handles have been applied.

Pull both handles up to release the parking brakes.

 **Warning:** If the brakes fail to stop or lock the wheels, stop using the rollator immediately. Do not use the rollator again until the brakes have been checked and correctly adjusted. Refer to Section 6.3.

## 6.3 Adjusting the Brakes

 **Warning:** The following section requires some technical ability, do not attempt to carry out the adjustment unless you are confident to do so. Incorrectly adjusted brakes can lead to injury, please contact your supplier if you require assistance.

**Note:** The brakes can be adjusted at the brake end or the handle end of the cable.

### 6.3.1 Tighten the Brakes at the Wheel End

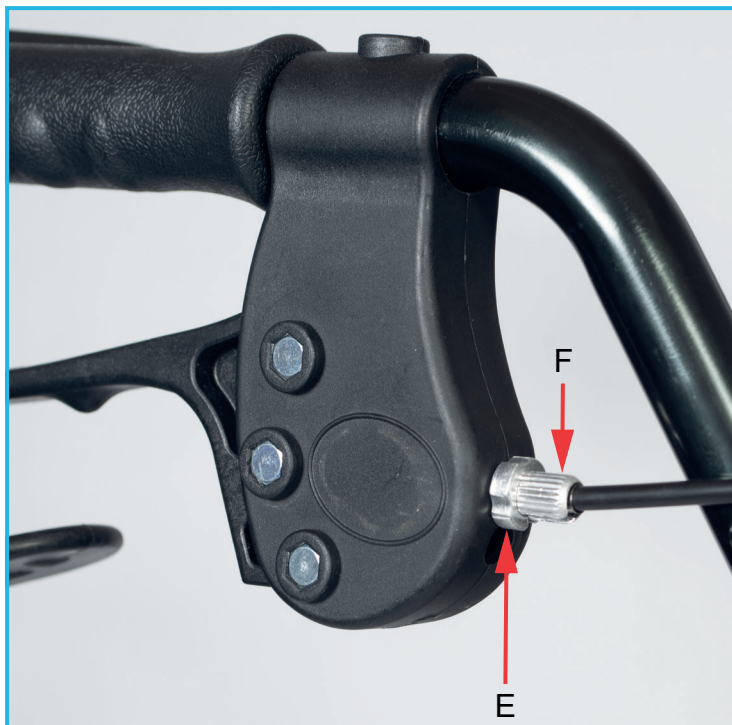


1. Loosen the lock nut (C), turn the adjuster (D) anti-clockwise, then re-tighten the locknut.

**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

2. Test the brakes in accordance with Section 6.1.

### 6.3.2 Tighten the Brakes at the Handle End



1. Loosen the lock nut (E), turn the adjuster (F) anticlockwise, then retighten the locknut.

**Note:** There must be a gap of 2-3 mm between the brake mechanism and the wheel, when the brake lever is released.

2. Test the brakes in accordance with Section 6.1.

## 6.4 Folding the Rollator

**Note:** Make sure all items have been removed from the bag before folding.



Lift the seat, then pull the handle strap upwards to unlock the frame, then push the frame together to fold the rollator.

## 7. MAINTENANCE

- Check both hand-wheels are secure.
- Check all wheels can rotate freely.
- Check that the brakes work correctly.
- Regularly check for wear and damage. Any suspected faults or damage should be reported immediately to your supplier and the product taken out of use.
- Check brakes regularly in accordance with Section 5.1 before use.

## 8. CLEANING

Make sure that all dirt and debris is removed from around the wheels, axle and brakes.

To clean the bag wipe with a damp cloth. Do not machine wash.

Clean the frame regularly, using a general purpose, neutral detergent and warm water.

Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.

Always allow the product to dry thoroughly prior to use or storage.

## 9. SPARES AND ACCESSORIES

S55370: A Series Rollator - Spare Bag

## 10. PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal.

This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

## 11. PRODUCT GUARANTEE











NRS Healthcare guarantee this product for a period of 24 months, from the date of purchase, against faulty materials and workmanship.

This guarantee does not cover abuse, interference or tampering with any part of the products. Issues arising from fair wear & tear and customer misuse are not covered.


This guarantee covers domestic use only. If the product is used in commercial or semi-commercial settings such as care homes, schools, rental or communal accommodation etc, the guarantee is valid for one year only. Consumable parts are also guaranteed for one year only.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

## 12. GLOSSARY

	Manufacturer		Batch Reference Code		Consult the instructions for use
			Authorised representative in the European Community		Medical Device
	Item/Catalogue number		European Conformity / Conformité Européene		UK conformity assessed marking
	Maximum User Weight		Warning		

**UK CA** NRS HEALTHCARE Sherwood House  
Cartwright Way, Forest Business Park, Bardon  
Hill, Coalville, Leicestershire, LE67 1UB, UK.

**CE** NRS HEALTHCARE 4C Altona Road, Blaris  
Industrial Estate, Lisburn, Co Antrim, Northern  
Ireland BT27 5QB  


Tel: Customer Services: +44 (0)345 121 8111

Email: customerservice@nrshealthcare.co.uk

NRS Healthcare is a leading supplier of community equipment and daily living aids.

Please visit one of our websites to view our full range of products:

[www.healthcarepro.co.uk](http://www.healthcarepro.co.uk) or [www.completecaishop.co.uk](http://www.completecaishop.co.uk)