## *Heelpad* - The Invacare® Softform Heelpad is designed to reduce pressure on the vulnerable heel area. The controlled volume of gel in the sacs allows pressure development and even weight distribution. Pressure on a patients heels are kept to a minimum when the heels are in contact with the gel sacs.

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Odstock Wedge - The Invacare® Softform Odstock Wedge reduces pressure

under the heels without increasing pressure on the thighs and calves. It improves and maintains posture in the semi recumbent position; the support under the thigh reduces the tendency for patients to slip down the bed, thus reducing shearing forces on the sacrum. By tilting the pelvis, it also reduces lumbar lordosis – desirable following back surgery and ideal for improving the sleeping posture of people with back problems.

	HEELPAD	ODSTOCK WEDGE
Warranty	12 months	12 months
Dimensions & Product Code: Double Heel Pad: Single Heel Pad:	62cm x 48cm x 3.5cm (HP100) 32cm x 48cm x 3.5cm (HP50)	86.5 x 57cm x 11.5cm (OSW100)
Weights:	3.58kg	1.5kg
Replacement Pantilon Covers: Double Heel Pad (x5) Single Heel Pad (x5)	HP100 / C5 HP50 / C5	N/A

## FEATURES & BENEFITS :

- Twin gel sacs on the Softform Heelpad provide excellent immersion for high-risk heel areas
- High frequency welded seams protects the product from contamination and ensures increased product integrity
- Vapour permeable stretch cover with PU base promotes product longevity
- Products are designed to be used together to provide improved support to lower limbs, which reduces the requirement for patient handling
- Heelpads are supplied with three pantilon covers which are disposable to facilitate improved infection control



For more information please contact your local Territory Manager INVACARE Ltd, South Road, Bridgend Industrial Estate, Bridgend, CF31 3PY. <u>www.invacare.co.uk</u>

Yes, you can.

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## Correct Use of the Invacare® Softform Heelpad & Odstock Wedge

• The Softform<sup>®</sup> Heelpad and Odstock Wedge are designed to reduce the occurrence of factors which may contribute to pressure ulcer development (*Clinical evidence is available to support this*).

• By improving the patients' optimum posture, they help to provide even weight distribution (reducing pressure) and help maintain the patients' posture to prevent slipping (reducing shear and friction).

• Patients can benefit from this system regardless of their position (i.e. nursed on either back or side).

• The Odstock Wedge will not be necessary if the bed can be profiled at the knee or if the 30° tilt position is being used (as long as the system is positioned correctly).

• Practical interventions are the key to successful pressure ulcer prevention and management.



**Correct Use** - Thigh support - ensure the back/side of knee rests at peak of the Odstock Wedge. This will give calf and foot support.



**Correct Use** - The 'Paper Test' can be used to check positioning. Place a piece of paper on top of the Odstock Wedge and under the heels; the paper should be easy to remove without force, demonstrating a reduction in heel pressure.



**Incorrect Use** - The position of the Heelpad should be regularly checked, particularly if the patient is unable to co-operate with the need to keep the heels in the gel sacs.



**Incorrect Use** - The Heelpad and/or Odstock Wedge can be used to support a patient who is lying in the lateral position. However, you MUST ensure that the Heelpad is repositioned to accommodate the heels in the gel sacs, and that the heels do not fall out, as pictured above.



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