



Using an ultra slippery material, these washable slide sheets allow health care professionals and carers to position and transfer patients with ease. Patient and user friendly, they are lightweight and durable, easy to insert and remove and can be used for repositioning up and down in bed, turning, rotating and transferring (dependant on size). Choose from one of seven sizes, including a small version for placing under heels and ankles or pillows. Machine washable up to 74°C with a low temperature tumble dry.

## MULTI-MOVER SLIDE SHEETS



P23397 – Red Multi-Mover 40cm x 60cm  
P23403 – Light Green Multi-Mover 57cm x 58cm  
P23415 – Dark Green Multi-Mover 70cm x 72cm  
P23427 – Turquoise Multi-Mover 70cm x 120cm

P23439 – Yellow Multi-Mover 70cm x 150cm  
P23440 – Light Green Multi-Mover 90cm x 120cm  
P23452 – Dark Blue Multi-Mover 100cm x 120cm  
P57905 – Light Blue Multi-Mover 140cm x 200cm



### Benefits and Features

Excellent sliding capability.  
Extremely versatile and flexible.  
Reduces/removes the effects of friction on the skin.



### Uses

Repositioning up and down beds.  
Repositioning up and down on trolleys.  
Turning patients from one surface to another.  
Sitting up.



### Used by

The patient/client unassisted  
The patient/client assisted  
Paramedic/Emergency Services  
Community-based staff

General Ward staff  
Nursing and Residential Home staff  
Theatres and Radiology  
Disabled Units

## Good Practice Points:

- Make sure that the brakes are on the bed/trolley before commencing a movement.
- Make sure that the sheet is inserted correctly.
- Insert the sheets by either:
  - a) 'Log-rolling' the patient/client to one side (or top to bottom).
  - b) Unrolling directly beneath the patient.
- Wherever possible, ask/help the patient/client to help themselves.
- Removal is best achieved by turning the outermost corners in on themselves and peeling the sheet out using a wriggling, alternate-arm action. This effectively 'peels' the sheet out without creating any shearing effects.

## Washing/Cleaning Instructions:

Washable models can be washed at 74°C. Drip dry or tumble dry on a low/medium heat. Can be autoclaved. Do not iron. Do not use in bleach.

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